



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Ramthun, Martina

□□□: 26:36:21

□□: 100 Marathon Club

□□: 6.05 km/h

□□: 252

□□□□: 9:52 min/km

□□: 161.90 km

□□□□□/□□□: 162 (of 319)

100MeilenBerlin

□□□□□/□: 29 (of 62)

□□□□□□: 17:03:32

□□□□:

□□□□□: 8(of 17)

Seniorinnen W50 (50-54 Jahre)

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	55:09	7:33	15	14:11	51	14:11	7.30	55:09	7:33	15	14:11	51	14:11
VP2 - East Side C	6.46	53:23	8:15	15	18:35	50	18:35	13.76	1:48:32	7:53	15	32:46	50	32:46
VP3 - Dammweg	5.90	46:27	7:52	11	15:30	41	15:30	19.66	2:34:59	7:52	15	48:16	48	48:16
VP4 - Johannisth	5.64	45:59	8:09	13	16:08	46	16:08	25.30	3:20:58	7:56	14	1:04:24	47	1:04:24
VP5 - U-Bahnhof	5.90	46:50	7:56	11	15:06	38	15:06	31.20	4:07:48	7:56	14	1:19:30	47	1:19:30
VP6 - Buckow	4.92	37:00	7:31	8	9:05	25	9:05	36.12	4:44:48	7:53	13	1:28:35	43	1:28:35
VP7 - Kirchhainer	6.17	47:16	7:39	8	11:55	26	11:55	42.29	5:32:04	7:51	10	1:40:30	36	1:40:30
VP8 - Lichtenradi	4.37	33:57	7:46	8	10:13	31	10:13	46.66	6:06:01	7:50	9	1:50:43	34	1:50:43
VP9 - Osdorfer St	5.71	41:50	7:19	6	8:50	24	9:48	52.37	6:47:51	7:47	9	1:59:33	34	1:59:33
VP10 - Sportplatz	6.50	1:10:12	10:48	9	33:46	34	33:46	58.87	7:58:03	8:07	8	2:32:30	32	2:32:30
VP11 - Königsw	6.22	50:04	8:02	8	13:08	18	13:08	65.09	8:48:07	8:06	8	2:40:20	32	2:40:20
VP12 - Gedenkst	6.85	56:10	8:11	8	15:10	22	15:10	71.94	9:44:17	8:07	8	2:52:10	29	2:52:10
VP13 - Brauhaus	6.88	58:57	8:34	8	15:40	21	15:40	78.82	10:43:14	8:09	8	3:04:15	27	3:04:15
VP14 - Revierförs	5.70	51:18	9:00	7	11:54	23	11:54	84.52	11:34:32	8:13	8	3:12:07	26	3:12:07
VP15 - Schloss S	6.24	1:01:20	9:49	7	21:05	15	21:05	90.76	12:35:52	8:19	8	3:33:12	25	3:33:12
VP16 - Pagel & Fi	7.60	1:13:14	9:38	7	20:34	22	20:34	98.36	13:49:06	8:25	8	3:53:46	25	3:53:46
VP17 - Karolinenl	4.91	53:44	10:56	10	22:26	38	22:26	103.27	14:42:50	8:32	8	4:16:12	25	4:16:12
VP18 - Falkensee	6.60	1:09:02	10:27	8	27:49	27	27:49	109.87	15:51:52	8:39	8	4:44:01	25	4:44:01
VP19 - Schönwal	5.95	57:18	9:37	7	16:18	18	19:29	115.82	16:49:10	8:42	8	4:57:55	25	4:57:55
VP20 - Grenzturn	7.60	1:19:12	10:25	8	30:47	26	30:47	123.42	18:08:22	8:49	8	5:28:42	26	5:28:42
VP21 - Ruderclub	4.78	1:05:27	13:41	9	32:33	32	32:33	128.20	19:13:49	9:00	8	6:01:15	26	6:01:15
VP22 - Frohnau	4.07	39:36	9:43	6	12:57	19	13:20	132.27	19:53:25	9:01	8	6:14:12	25	6:14:12
VP23 - Naturschu	6.61	1:53:56	17:14	15	1:07:25	50	1:07:52	138.88	21:47:21	9:24	8	7:21:37	28	7:21:37
VP24 - Oranienbu	4.98	56:38	11:22	8	22:58	29	22:58	143.86	22:43:59	9:28	8	7:44:35	28	7:44:35
VP25 - Laufftreff l	5.34	1:08:10	12:45	14	29:54	47	32:06	149.20	23:52:09	9:35	8	8:14:29	28	8:14:29
VP26 - Wilhelmsr	5.72	1:14:00	12:56	15	36:04	51	36:04	154.92	25:06:09	9:43	8	8:50:33	28	8:50:33
VP27 - Wollankst	3.02	47:50	15:50	15	24:18	50	26:26	157.94	25:53:59	9:50	8	9:14:51	28	9:14:51
Friedrich-Ludwig	3.96	42:22	10:41	11	17:58	39	20:11	161.90	26:36:21	9:51	8	9:32:49	29	9:32:49