



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Komar, Ewald

00: LT Hemsbach

00: 321

00: 161.90 km

100MeilenBerlin

0000:

Senioren M65 (65-69 Jahre)

000: 26:52:50

00: 5.99 km/h

0000: 9:58 min/km

00000/0000: 170 (of 319)

00000/0: 140 (of 257)

000000: 15:20:48

00000: 3(of 9)

0000000: 22:56:07

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	000 -	00 -	00 0	00 0	
VP1 - Brandenbu	7.30	54:47	7:30	6	10:24	212	7.30	54:47	7:30	6	10:24	212	21:30
VP2 - East Side C	6.46	47:14	7:18	5	5:45	174	13.76	1:42:01	7:24	6	16:09	196	38:23
VP3 - Dammweg	5.90	45:43	7:44	6	8:38	207	19.66	2:27:44	7:30	6	24:47	198	55:03
VP4 - Johannisth	5.64	46:01	8:09	6	9:36	204	25.30	3:13:45	7:39	6	34:23	198	1:14:29
VP5 - U-Bahnhof	5.90	48:04	8:08	6	7:02	200	31.20	4:01:49	7:45	6	41:25	199	1:33:17
VP6 - Buckow	4.92	42:02	8:32	5	8:36	188	36.12	4:43:51	7:51	6	50:01	196	1:50:41
VP7 - Kirchhainer	6.17	52:40	8:32	6	6:41	181	42.29	5:36:31	7:57	6	56:42	197	2:12:17
VP8 - Lichtenradi	4.37	37:42	8:37	5	7:19	200	46.66	6:14:13	8:01	6	1:04:01	197	2:27:54
VP9 - Osdorfer St	5.71	47:49	8:22	5	7:05	193	52.37	7:02:02	8:03	6	1:08:59	199	2:46:11
VP10 - Sportplatz	6.50	1:06:49	10:16	2	6:34	139	58.87	8:08:51	8:18	5	1:07:41	184	3:18:10
VP11 - Königswe	6.22	56:46	9:07	4	5:42	140	65.09	9:05:37	8:22	4	1:09:48	177	3:33:24
VP12 - Gedenkst	6.85	1:03:02	9:12	3	0:16	130	71.94	10:08:39	8:27	4	1:10:04	171	3:53:54
VP13 - Brauhaus	6.88	1:03:52	9:16	1	-	122	78.82	11:12:31	8:31	4	1:08:35	167	4:14:06
VP14 - Revierförs	5.70	55:05	9:39	2	1:05	142	84.52	12:07:36	8:36	3	1:04:39	161	4:34:51
VP15 - Schloss S	6.24	1:03:53	10:14	1	-	83	90.76	13:11:29	8:43	3	47:36	149	4:59:30
VP16 - Pagel & Fi	7.60	1:19:49	10:30	3	12:22	152	98.36	14:31:18	8:51	3	50:25	151	5:31:06
VP17 - Karolinenl	4.91	56:48	11:34	5	15:44	172	103.27	15:28:06	8:59	3	58:04	149	5:56:31
VP18 - Falkensee	6.60	1:10:47	10:43	4	11:17	151	109.87	16:38:53	9:05	3	1:09:21	145	6:27:58
VP19 - Schönwal	5.95	1:18:07	13:07	5	29:00	175	115.82	17:57:00	9:17	3	1:38:21	149	7:10:49
VP20 - Grenzturn	7.60	1:25:04	11:11	2	21:41	135	123.42	19:22:04	9:24	3	2:00:02	143	7:52:42
VP21 - Ruderclub	4.78	1:01:20	12:49	3	15:43	119	128.20	20:23:24	9:32	2	2:15:45	141	8:26:47
VP22 - Frohnau	4.07	48:03	11:48	4	13:20	151	132.27	21:11:27	9:36	2	2:29:05	142	8:50:15
VP23 - Naturschu	6.61	1:23:59	12:42	4	23:28	158	138.88	22:35:26	9:45	2	2:52:33	140	9:33:08
VP24 - Oranienbu	4.98	59:46	12:00	3	15:43	141	143.86	23:35:12	9:50	2	3:08:16	138	10:02:13
VP25 - Laufftreff l	5.34	1:02:05	11:37	4	13:42	139	149.20	24:37:17	9:54	2	3:21:58	138	10:31:28
VP26 - Wilhelmsr	5.72	1:01:23	10:43	4	21:35	142	154.92	25:38:40	9:55	3	3:38:30	138	11:00:13
VP27 - Wollankst	3.02	34:48	11:31	3	14:44	103	157.94	26:13:28	9:57	3	3:47:05	141	18:42:19
Friedrich-Ludwig	3.96	39:22	9:56	3	9:38	125	161.90	26:52:50	9:57	3	3:56:43	140	11:32:02