



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Frykholm, Geir

00: Sætre IF Graabein / Löplabbet Sandvika

00: 83

Enduro E Bike

0000:

Senioren M60 (60-64 Jahre)

000: 26:57:24

00: - km/h

0000: 9:59 min/km

00000/0000: 173 (of 319)

00000/0: 143 (of 257)

000000: 15:20:48

00000: 11(of 18)

0000000: 21:12:53

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	52:26	7:10	13	9:41	194	19:09	7.30	52:26	7:10	13	9:41	194	19:09
VP2 - East Side C	6.46	48:22	7:29	13	10:43	187	18:16	13.76	1:40:48	7:19	13	20:24	185	37:10
VP3 - Dammweg	5.90	42:27	7:11	12	8:36	163	14:52	19.66	2:23:15	7:17	12	29:00	186	50:34
VP4 - Johannisth	5.64	42:01	7:26	11	9:34	170	15:26	25.30	3:05:16	7:19	12	38:34	180	1:06:00
VP5 - U-Bahnhof	5.90	47:14	8:00	13	12:02	193	18:20	31.20	3:52:30	7:27	12	49:00	181	1:23:58
VP6 - Buckow	4.92	38:06	7:44	9	7:57	148	13:28	36.12	4:30:36	7:29	12	56:57	172	1:37:26
VP7 - Kirchhainer	6.17	49:52	8:04	10	11:07	155	18:48	42.29	5:20:28	7:34	11	1:08:04	164	1:56:14
VP8 - Lichtenradi	4.37	34:37	7:55	10	8:06	161	12:32	46.66	5:55:05	7:36	10	1:14:36	162	2:08:46
VP9 - Osdorfer St	5.71	44:13	7:44	9	7:05	150	14:41	52.37	6:39:18	7:37	10	1:21:17	163	2:23:27
VP10 - Sportplatz	6.50	1:03:13	9:43	5	20:06	121	28:23	58.87	7:42:31	7:51	9	1:37:51	153	2:51:50
VP11 - Königsw	6.22	54:25	8:44	7	9:05	120	20:15	65.09	8:36:56	7:56	8	1:35:39	147	3:04:43
VP12 - Gedenkst	6.85	1:03:07	9:12	9	13:14	132	24:44	71.94	9:40:03	8:03	8	1:45:17	144	3:25:18
VP13 - Brauhaus	6.88	1:04:17	9:20	8	11:38	127	25:37	78.82	10:44:20	8:10	8	1:53:08	140	3:45:55
VP14 - Revierförs	5.70	51:34	9:02	4	9:35	97	19:30	84.52	11:35:54	8:14	7	1:58:09	137	4:03:09
VP15 - Schloss S	6.24	1:00:15	9:39	4	9:01	68	23:44	90.76	12:36:09	8:19	6	1:57:02	129	4:24:10
VP16 - Pagel & Fi	7.60	1:16:12	10:01	7	12:59	126	32:29	98.36	13:52:21	8:27	6	2:06:47	129	4:52:09
VP17 - Karolinenl	4.91	49:50	10:08	10	13:02	138	21:23	103.27	14:42:11	8:32	7	2:15:45	130	5:10:36
VP18 - Falkensee	6.60	1:19:28	12:02	15	25:01	179	41:06	109.87	16:01:39	8:45	8	2:40:46	135	5:50:44
VP19 - Schönwal	5.95	1:05:25	10:59	10	14:45	126	30:09	115.82	17:07:04	8:52	8	2:48:47	136	6:20:53
VP20 - Grenzturn	7.60	1:30:25	11:53	14	27:41	154	47:14	123.42	18:37:29	9:03	8	3:08:43	131	7:08:07
VP21 - Ruderclub	4.78	1:18:04	16:19	16	37:51	176	50:49	128.20	19:55:33	9:19	8	3:46:34	134	7:58:56
VP22 - Frohnau	4.07	51:11	12:34	15	17:47	169	26:42	132.27	20:46:44	9:25	8	4:04:21	134	8:25:32
VP23 - Naturschu	6.61	1:27:56	13:18	14	35:08	171	48:17	138.88	22:14:40	9:36	9	4:28:29	136	9:12:22
VP24 - Oranienbu	4.98	1:09:30	13:57	15	22:36	185	39:44	143.86	23:24:10	9:45	9	4:49:55	137	9:51:11
VP25 - Laufftreff l	5.34	1:05:18	12:13	15	17:49	159	35:21	149.20	24:29:28	9:50	9	5:07:44	135	10:23:39
VP26 - Wilhelmsr	5.72	1:06:55	11:41	15	27:09	173	34:47	154.92	25:36:23	9:55	10	5:26:02	137	10:57:56
VP27 - Wollankst	3.02	37:01	12:15	14	27:26	126	27:26	157.94	26:13:24	9:57	12	18:42:15	140	18:42:15
Friedrich-Ludwig	3.96	44:00	11:06	15	14:51	161	23:35	-	26:57:24	-	11	5:44:31	143	11:36:36