



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Linkenbach, Alexander

□□□: 26:57:35

□□: Madrid

□□: 5.97 km/h

□□: 303

□□□□: 9:59 min/km

□□: 161.90 km

□□□□□/□□□□: 174 (of 319)

100MeilenBerlin

□□□□□/□: 144 (of 257)

□□□□:

□□□□□: 36(of 59)

Senioren M45 (45-49 Jahre)

□□□□□□□: 17:12:46

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	48:22	6:37	32	13:31	113	15:05	7.30	48:22	6:37	32	13:31	113	15:05
VP2 - East Side C	6.46	47:05	7:17	43	16:59	169	16:59	13.76	1:35:27	6:56	38	30:23	142	31:49
VP3 - Dammweg	5.90	45:22	7:41	48	17:47	200	17:47	19.66	2:20:49	7:09	42	48:08	172	48:08
VP4 - Johannisth	5.64	43:19	7:40	47	16:44	186	16:44	25.30	3:04:08	7:16	43	1:04:52	173	1:04:52
VP5 - U-Bahnhof	5.90	49:17	8:21	52	20:23	209	20:23	31.20	3:53:25	7:28	46	1:24:53	183	1:24:53
VP6 - Buckow	4.92	42:40	8:40	49	18:02	194	18:02	36.12	4:36:05	7:38	46	1:42:55	185	1:42:55
VP7 - Kirchhainer	6.17	53:47	8:43	46	22:43	193	22:43	42.29	5:29:52	7:48	47	2:05:38	189	2:05:38
VP8 - Lichtenradi	4.37	33:56	7:45	38	11:51	148	11:51	46.66	6:03:48	7:47	45	2:17:29	183	2:17:29
VP9 - Osdorfer St	5.71	44:31	7:47	41	14:59	156	14:59	52.37	6:48:19	7:47	44	2:32:28	178	2:32:28
VP10 - Sportplatz	6.50	1:19:43	12:15	47	44:53	189	44:53	58.87	8:08:02	8:17	48	3:17:21	183	3:17:21
VP11 - Königswe	6.22	54:19	8:43	33	19:14	118	20:09	65.09	9:02:21	8:19	44	3:30:08	171	3:30:08
VP12 - Gedenkst	6.85	1:12:04	10:31	46	31:31	194	33:41	71.94	10:14:25	8:32	45	3:59:40	177	3:59:40
VP13 - Brauhaus	6.88	1:14:01	10:45	47	31:32	192	35:21	78.82	11:28:26	8:44	44	4:30:01	175	4:30:01
VP14 - Revierförs	5.70	55:02	9:39	36	20:42	141	22:58	84.52	12:23:28	8:47	42	4:50:43	171	4:50:43
VP15 - Schloss S	6.24	1:23:00	13:18	39	43:46	162	46:29	90.76	13:46:28	9:06	41	5:34:29	175	5:34:29
VP16 - Pagel & Fi	7.60	1:19:08	10:24	36	30:55	146	35:25	98.36	15:05:36	9:12	41	6:05:24	169	6:05:24
VP17 - Karolinenl	4.91	48:28	9:52	31	16:47	122	20:01	103.27	15:54:04	9:14	39	6:20:55	160	6:22:29
VP18 - Falkensee	6.60	1:04:32	9:46	31	22:01	116	26:10	109.87	16:58:36	9:16	38	6:38:38	156	6:47:41
VP19 - Schönwal	5.95	1:11:18	11:58	39	33:07	159	36:02	115.82	18:09:54	9:24	39	7:07:57	156	7:23:43
VP20 - Grenzturn	7.60	1:26:40	11:24	37	39:39	139	43:29	123.42	19:36:34	9:31	37	7:38:42	150	8:07:12
VP21 - Ruderclub	4.78	1:20:25	16:49	43	47:55	179	53:10	128.20	20:56:59	9:48	37	8:20:44	153	9:00:22
VP22 - Frohnau	4.07	48:18	11:52	37	21:09	152	23:49	132.27	21:45:17	9:52	37	8:40:41	152	9:24:05
VP23 - Naturschu	6.61	1:21:04	12:15	38	34:19	147	41:25	138.88	23:06:21	9:58	37	9:13:06	153	10:04:03
VP24 - Oranienbu	4.98	57:26	11:31	32	25:05	125	27:40	143.86	24:03:47	10:02	37	9:30:03	152	10:30:48
VP25 - Laufftreff l	5.34	54:31	10:12	24	24:34	82	24:34	149.20	24:58:18	10:02	36	9:33:59	146	10:52:29
VP26 - Wilhelmsr	5.72	56:14	9:49	26	22:42	111	24:06	154.92	25:54:32	10:02	36	9:38:38	144	11:16:05
VP27 - Wollankst	3.02	33:41	11:09	24	15:19	94	24:06	157.94	26:28:13	10:03	36	9:40:58	144	18:57:04
Friedrich-Ludwig	3.96	29:22	7:24	16	8:57	49	8:57	161.90	26:57:35	9:59	36	9:44:49	144	11:36:47