



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Schmidt-Böse, Birgit

□□: 1.Tri-Team Gütersloh GTV

□□: 86

□□: 161.90 km

100MeilenBerlin

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 27:09:16

□□: 5.93 km/h

□□□□: 10:04 min/km

□□□□□/□□□□: 177 (of 319)

□□□□□/□: 31 (of 62)

□□□□□□: 17:03:32

□□□□□: 7(of 13)

□□□□□□□: 22:39:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	50:50	6:57	6	6:30	29	9:52	7.30	50:50	6:57	6	6:30	29	9:52	
VP2 - East Side C	6.46	46:29	7:11	8	5:17	29	11:41	13.76	1:37:19	7:04	6	11:47	28	21:33	
VP3 - Dammweg	5.90	40:57	6:56	6	6:04	24	10:00	19.66	2:18:16	7:01	6	16:59	27	31:33	
VP4 - Johannisth	5.64	41:26	7:20	6	8:35	31	11:35	25.30	2:59:42	7:06	6	25:34	27	43:08	
VP5 - U-Bahnhof	5.90	44:31	7:32	8	7:54	29	12:47	31.20	3:44:13	7:11	6	33:28	27	55:55	
VP6 - Buckow	4.92	37:14	7:34	6	7:18	26	9:19	36.12	4:21:27	7:14	6	37:44	26	1:05:14	
VP7 - Kirchhainer	6.17	50:14	8:08	8	11:05	32	14:53	42.29	5:11:41	7:22	6	48:49	28	1:20:07	
VP8 - Lichtenradi	4.37	33:38	7:41	8	7:03	30	9:54	46.66	5:45:19	7:24	6	54:15	27	1:30:01	
VP9 - Osdorfer St	5.71	45:18	7:56	8	11:12	36	13:16	52.37	6:30:37	7:27	6	1:04:17	28	1:42:19	
VP10 - Sportplatz	6.50	1:07:54	10:26	8	27:08	30	31:28	58.87	7:38:31	7:47	6	1:27:40	27	2:12:58	
VP11 - Königsw	6.22	52:56	8:30	7	5:40	26	16:00	65.09	8:31:27	7:51	6	1:29:49	26	2:23:40	
VP12 - Gedenkst	6.85	1:04:28	9:24	8	15:24	34	23:28	71.94	9:35:55	8:00	6	1:45:13	25	2:43:48	
VP13 - Brauhaus	6.88	1:06:04	9:36	8	10:44	31	22:47	78.82	10:41:59	8:08	7	1:55:57	26	3:03:00	
VP14 - Revierförs	5.70	54:07	9:29	4	6:08	26	14:43	84.52	11:36:06	8:14	7	2:00:56	28	3:13:41	
VP15 - Schloss S	6.24	1:22:09	13:09	9	19:08	39	41:54	90.76	12:58:15	8:34	7	2:15:21	28	3:55:35	
VP16 - Pagel & Fi	7.60	1:24:11	11:04	9	22:04	34	31:31	98.36	14:22:26	8:46	6	2:33:59	27	4:27:06	
VP17 - Karolinenl	4.91	53:09	10:49	9	12:28	35	21:51	103.27	15:15:35	8:51	7	2:46:26	30	4:48:57	
VP18 - Falkensee	6.60	1:14:48	11:20	8	19:58	34	33:35	109.87	16:30:23	9:00	7	3:00:31	31	5:22:32	
VP19 - Schönwal	5.95	1:14:02	12:26	7	21:01	40	36:13	115.82	17:44:25	9:11	7	3:13:25	30	5:53:10	
VP20 - Grenzturn	7.60	1:28:10	11:36	7	23:40	31	39:45	123.42	19:12:35	9:20	7	3:22:18	30	6:32:55	
VP21 - Ruderclub	4.78	1:39:31	20:49	11	52:47	50	1:06:37	128.20	20:52:06	9:46	8	4:12:12	33	7:39:32	
VP22 - Frohnau	4.07	46:20	11:23	6	10:19	31	20:04	132.27	21:38:26	9:48	7	4:20:18	32	7:59:13	
VP23 - Naturschu	6.61	1:10:09	10:36	6	13:20	22	24:05	138.88	22:48:35	9:51	7	4:11:02	30	8:22:51	
VP24 - Oranienbu	4.98	1:02:21	12:31	8	16:49	41	28:41	143.86	23:50:56	9:56	7	4:18:35	30	8:51:32	
VP25 - Laufftreff l	5.34	1:01:44	11:33	9	15:59	36	25:40	149.20	24:52:40	10:00	7	4:21:32	31	9:15:00	
VP26 - Wilhelmsr	5.72	1:02:51	10:59	8	16:25	38	24:55	154.92	25:55:31	10:02	8	4:21:53	32	9:39:55	
VP27 - Wollankst	3.02	33:48	11:11	2	5:43	22	12:24	157.94	26:29:19	10:03	7	4:22:19	31	9:50:11	
Friedrich-Ludwig	3.96	39:57	10:05	5	10:34	30	17:46	161.90	27:09:16	10:03	7	4:29:43	31	10:05:44	