



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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CARAJAN

□□: CARAJAN

□□: 4011

□□: 161.90 km

100MeilenBerlin - 4er Staffel

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4er Staffel

□□□: 15:00:55

□□: 10.72 km/h

□□□□: 5:34 min/km

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□□□□□□: 12:47:10

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VP1 - Brandenbu	7.30	44:08	6:02	31	14:53	31	14:53	7.30	44:08	6:02	31	14:53	31	14:53
VP2 - East Side G	6.46	40:43	6:18	28	13:56	28	13:56	13.76	1:24:51	6:09	31	28:49	31	28:49
VP3 - Dammweg	5.90	36:21	6:09	27	10:46	27	10:46	19.66	2:01:12	6:09	29	39:35	29	39:35
VP4 - Johannisth	5.64	35:29	6:17	26	10:48	26	10:48	25.30	2:36:41	6:11	28	49:49	28	49:49
VP5 - U-Bahnhof	5.90	35:41	6:02	18	10:21	18	10:21	31.20	3:12:22	6:09	28	1:00:10	28	1:00:10
VP6 - Buckow	4.92	30:53	6:16	19	9:10	19	9:10	36.12	3:43:15	6:10	25	1:09:05	25	1:09:05
VP7 - Kirchhainer	6.17	37:32	6:04	15	9:02	15	9:02	42.29	4:20:47	6:09	23	1:17:27	23	1:17:27
VP8 - Lichtenradi	4.37	26:03	5:57	12	5:47	12	5:47	46.66	4:46:50	6:08	21	1:23:14	21	1:23:14
VP9 - Osdorfer St	5.71	32:37	5:42	12	6:07	12	6:07	52.37	5:19:27	6:05	17	1:28:41	17	1:28:41
VP10 - Sportplatz	6.50	37:11	5:43	8	5:14	8	5:14	58.87	5:56:38	6:03	17	1:33:55	17	1:33:55
VP11 - Königswe	6.22	30:54	4:58	5	4:19	5	4:19	65.09	6:27:32	5:57	16	1:35:47	16	1:35:47
VP12 - Gedenkst	6.85	34:22	5:01	3	4:11	3	4:11	71.94	7:01:54	5:51	14	1:37:07	14	1:37:07
VP13 - Brauhaus	6.88	33:25	4:51	2	2:42	2	2:42	78.82	7:35:19	5:46	13	1:35:37	13	1:35:37
VP14 - Revierförs	5.70	28:18	4:57	2	1:31	2	1:31	84.52	8:03:37	5:43	10	1:32:44	10	1:32:44
VP15 - Schloss S	6.24	28:28	4:33	1	-	1	-	90.76	8:32:05	5:38	7	1:28:16	7	1:28:16
VP16 - Pagel & Fi	7.60	39:12	5:09	13	7:06	13	7:06	98.36	9:11:17	5:36	8	1:35:22	8	1:35:22
VP17 - Karolinenl	4.91	26:33	5:24	11	5:17	11	5:17	103.27	9:37:50	5:35	8	1:40:39	8	1:40:39
VP18 - Falkensee	6.60	36:51	5:35	11	7:12	11	7:12	109.87	10:14:41	5:35	7	1:47:51	7	1:47:51
VP19 - Schönwal	5.95	33:45	5:40	11	6:55	11	6:55	115.82	10:48:26	5:35	8	1:54:46	8	1:54:46
VP20 - Grenzturn	7.60	51:33	6:46	22	14:44	22	14:44	123.42	11:39:59	5:40	7	1:57:52	7	1:57:52
VP21 - Ruderclub	4.78	33:49	7:04	30	14:35	30	14:35	128.20	12:13:48	5:43	7	2:08:44	7	2:08:44
VP22 - Frohnau	4.07	19:19	4:44	5	2:33	5	2:33	132.27	12:33:07	5:41	7	2:07:24	7	2:07:24
VP23 - Naturschu	6.61	32:41	4:56	7	4:38	7	4:38	138.88	13:05:48	5:39	7	2:05:29	7	2:05:29
VP24 - Oranienbu	4.98	25:09	5:03	8	3:34	8	3:34	143.86	13:30:57	5:38	6	2:05:39	6	2:05:39
VP25 - Lauftreff l	5.34	27:03	5:03	9	26:43	9	26:43	149.20	13:58:00	5:36	7	2:07:34	7	2:07:34
VP26 - Wilhelmsr	5.72	27:48	4:51	8	6:36	8	6:36	154.92	14:25:48	5:35	7	2:10:03	7	2:10:03
VP27 - Wollankst	3.02	16:28	5:27	5	2:05	5	2:05	157.94	14:42:16	5:35	6	2:12:08	6	2:12:08
Friedrich-Ludwig	3.96	18:39	4:42	5	5:18	5	5:18	161.90	15:00:55	5:33	6	2:13:45	6	2:13:45