



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Bicher, Stefan

□□: Team Hanka

□□: 10

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 27:15:42

□□: 5.91 km/h

□□□□: 10:06 min/km

□□□□□/□□□□: 178 (of 319)

□□□□□/□: 147 (of 257)

□□□□□□: 15:20:48

□□□□□: 9(of 12)

□□□□□□□: 20:09:54

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Brandenbu	7.30	50:44	6:56	8	9:49	155	17:27	7.30	50:44	6:56	8	9:49	155	17:27
VP2 - East Side C	6.46	47:32	7:21	10	12:42	175	17:26	13.76	1:38:16	7:08	10	22:31	174	34:38
VP3 - Dammweg	5.90	42:29	7:12	9	11:50	166	14:54	19.66	2:20:45	7:09	9	34:21	171	48:04
VP4 - Johannisth	5.64	48:15	8:33	11	18:05	220	21:40	25.30	3:09:00	7:28	10	52:21	187	1:09:44
VP5 - U-Bahnhof	5.90	46:46	7:55	11	14:00	188	17:52	31.20	3:55:46	7:33	10	1:06:21	190	1:27:14
VP6 - Buckow	4.92	44:16	8:59	10	16:24	208	19:38	36.12	4:40:02	7:45	10	1:19:14	193	1:46:52
VP7 - Kirchhainer	6.17	47:55	7:45	8	13:13	136	16:51	42.29	5:27:57	7:45	10	1:31:49	183	2:03:43
VP8 - Lichtenradi	4.37	33:15	7:36	8	7:19	129	11:10	46.66	6:01:12	7:44	10	1:39:08	174	2:14:53
VP9 - Osdorfer St	5.71	43:20	7:35	8	10:13	139	13:48	52.37	6:44:32	7:43	9	1:49:21	168	2:28:41
VP10 - Sportplatz	6.50	1:06:42	10:15	10	26:28	137	31:52	58.87	7:51:14	8:00	10	2:15:49	164	3:00:33
VP11 - Königswe	6.22	49:12	7:54	5	6:06	72	15:02	65.09	8:40:26	7:59	9	2:21:55	152	3:08:13
VP12 - Gedenkst	6.85	56:05	8:11	5	12:33	79	17:42	71.94	9:36:31	8:00	9	2:34:28	139	3:21:46
VP13 - Brauhaus	6.88	1:07:14	9:46	8	16:49	148	28:34	78.82	10:43:45	8:10	9	2:49:11	139	3:45:20
VP14 - Revierförs	5.70	53:51	9:26	7	11:16	128	21:47	84.52	11:37:36	8:15	9	3:00:27	139	4:04:51
VP15 - Schloss S	6.24	1:17:31	12:25	10	35:25	144	41:00	90.76	12:55:07	8:32	9	3:35:52	140	4:43:08
VP16 - Pagel & Fi	7.60	1:26:06	11:19	9	26:16	174	42:23	98.36	14:21:13	8:45	9	4:00:40	143	5:21:01
VP17 - Karolinenl	4.91	51:07	10:24	9	12:55	149	22:40	103.27	15:12:20	8:50	9	4:13:35	141	5:40:45
VP18 - Falkensee	6.60	1:10:05	10:37	9	31:15	145	31:43	109.87	16:22:25	8:56	9	4:30:42	141	6:11:30
VP19 - Schönwal	5.95	1:29:08	14:58	9	39:13	193	53:52	115.82	17:51:33	9:15	9	5:09:39	144	7:05:22
VP20 - Grenzturn	7.60	1:28:18	11:37	9	30:30	146	45:07	123.42	19:19:51	9:23	9	5:30:59	142	7:50:29
VP21 - Ruderclub	4.78	1:25:17	17:50	10	47:24	185	58:02	128.20	20:45:08	9:42	9	6:18:23	151	8:48:31
VP22 - Frohnau	4.07	49:27	12:08	9	14:09	157	24:58	132.27	21:34:35	9:47	9	6:30:12	150	9:13:23
VP23 - Naturschu	6.61	1:22:18	12:27	8	24:33	154	42:39	138.88	22:56:53	9:54	9	6:35:38	150	9:54:35
VP24 - Oranienbu	4.98	56:20	11:18	6	10:18	115	26:34	143.86	23:53:13	9:57	9	6:32:40	147	10:20:14
VP25 - Laufftreff l	5.34	1:02:49	11:45	7	26:21	144	32:52	149.20	24:56:02	10:01	9	6:18:48	145	10:50:13
VP26 - Wilhelmsr	5.72	1:03:02	11:01	7	25:35	154	30:54	154.92	25:59:04	10:03	9	6:33:20	147	11:20:37
VP27 - Wollankst	3.02	41:43	13:48	7	21:04	160	32:08	157.94	26:40:47	10:08	9	6:54:19	149	19:09:38
Friedrich-Ludwig	3.96	34:55	8:49	4	11:29	90	14:30	161.90	27:15:42	10:06	9	7:05:48	147	11:54:54