



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Wallesch, René

00: 100 Marathon Club

00: 9

00: 161.90 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 27:48:02

00: 5.79 km/h

0000: 10:18 min/km

00000/0000: 193 (of 319)

00000/0: 159 (of 257)

000000: 15:20:48

00000: 18(of 31)

0000000: 15:20:48

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	48:49	6:41	16	9:12	121	15:32	7.30	48:49	6:41	16	9:12	121	15:32
VP2 - East Side C	6.46	42:10	6:31	13	7:52	92	12:04	13.76	1:30:59	6:36	16	16:59	111	27:21
VP3 - Dammweg	5.90	40:24	6:50	18	9:25	125	12:49	19.66	2:11:23	6:40	16	26:23	114	38:42
VP4 - Johannisth	5.64	37:39	6:40	15	8:43	92	11:04	25.30	2:49:02	6:40	15	35:06	108	49:46
VP5 - U-Bahnhof	5.90	40:48	6:54	15	10:12	93	11:54	31.20	3:29:50	6:43	15	45:18	105	1:01:18
VP6 - Buckow	4.92	44:06	8:57	25	17:52	205	19:28	36.12	4:13:56	7:01	18	1:03:10	129	1:20:46
VP7 - Kirchhainer	6.17	53:33	8:40	24	20:41	189	22:29	42.29	5:07:29	7:16	20	1:23:51	138	1:43:15
VP8 - Lichtenradi	4.37	31:48	7:16	16	8:35	109	9:43	46.66	5:39:17	7:16	20	1:32:26	137	1:52:58
VP9 - Osdorfer St	5.71	40:54	7:09	16	10:14	104	11:22	52.37	6:20:11	7:15	18	1:42:40	133	2:04:20
VP10 - Sportplatz	6.50	1:05:34	10:05	16	28:18	131	30:44	58.87	7:25:45	7:34	19	2:10:58	128	2:35:04
VP11 - Königswe	6.22	48:44	7:50	11	14:34	65	14:34	65.09	8:14:29	7:35	18	2:25:32	119	2:42:16
VP12 - Gedenkst	6.85	59:57	8:45	16	20:33	110	21:34	71.94	9:14:26	7:42	19	2:46:05	117	2:59:41
VP13 - Brauhaus	6.88	59:20	8:37	14	20:33	90	20:40	78.82	10:13:46	7:47	19	3:06:38	113	3:15:21
VP14 - Revierförs	5.70	52:05	9:08	11	18:16	101	20:01	84.52	11:05:51	7:52	19	3:24:54	111	3:33:06
VP15 - Schloss S	6.24	1:12:35	11:37	10	36:04	123	36:04	90.76	12:18:26	8:08	17	4:00:58	111	4:06:27
VP16 - Pagel & Fi	7.60	1:11:43	9:26	12	26:06	99	28:00	98.36	13:30:09	8:14	16	4:27:04	113	4:29:57
VP17 - Karolinenl	4.91	49:28	10:04	17	20:58	136	21:01	103.27	14:19:37	8:19	16	4:48:02	113	4:48:02
VP18 - Falkensee	6.60	1:12:06	10:55	18	32:46	156	33:44	109.87	15:31:43	8:28	18	5:20:48	122	5:20:48
VP19 - Schönwal	5.95	1:09:17	11:38	17	34:01	148	34:01	115.82	16:41:00	8:38	17	5:54:49	125	5:54:49
VP20 - Grenzturn	7.60	1:49:00	14:20	23	1:05:49	193	1:05:49	123.42	18:30:00	8:59	17	7:00:38	129	7:00:38
VP21 - Ruderclub	4.78	1:10:51	14:49	19	43:36	162	43:36	128.20	19:40:51	9:12	17	7:44:14	132	7:44:14
VP22 - Frohnau	4.07	59:45	14:40	23	35:10	192	35:16	132.27	20:40:36	9:22	17	8:19:24	133	8:19:24
VP23 - Naturschu	6.61	1:51:07	16:48	24	1:10:01	196	1:11:28	138.88	22:31:43	9:43	17	9:29:25	139	9:29:25
VP24 - Oranienbu	4.98	1:19:20	15:55	24	48:39	196	49:34	143.86	23:51:03	9:56	16	10:18:04	143	10:18:04
VP25 - Laufftreff l	5.34	1:10:08	13:08	22	37:18	177	40:11	149.20	25:01:11	10:03	17	10:55:22	148	10:55:22
VP26 - Wilhelmsr	5.72	1:12:49	12:43	23	40:11	190	40:41	154.92	26:14:00	10:09	17	11:35:33	152	11:35:33
VP27 - Wollankst	3.02	45:08	14:56	21	24:30	181	35:33	157.94	26:59:08	10:15	17	12:00:03	156	19:27:59
Friedrich-Ludwig	3.96	48:54	12:20	24	27:11	189	28:29	161.90	27:48:02	10:18	18	12:27:14	159	12:27:14