



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Miyazaki, Keigo

000: 28:34:18

00: Miyazaki Ryokan

00: 5.63 km/h

00: 335

0000: 10:35 min/km

00: 161.90 km

00000/0000: 205 (of 319)

100MeilenBerlin

00000/0: 167 (of 257)

000000: 15:20:48

0000:

00000: 18(of 32)

Senioren M55 (55-59 Jahre)

0000000: 16:39:21

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	48:44	6:40	13	9:03	119	15:27	7.30	48:44	6:40	13	9:03	119	15:27
VP2 - East Side G	6.46	48:19	7:28	20	14:01	186	18:13	13.76	1:37:03	7:03	17	23:04	155	33:25
VP3 - Dammweg	5.90	41:55	7:06	18	9:35	150	14:20	19.66	2:18:58	7:04	18	32:39	154	46:17
VP4 - Johannisth	5.64	42:35	7:33	21	12:35	175	16:00	25.30	3:01:33	7:10	19	45:14	158	1:02:17
VP5 - U-Bahnhof	5.90	47:39	8:04	22	15:54	198	18:45	31.20	3:49:12	7:20	20	1:01:08	169	1:20:40
VP6 - Buckow	4.92	42:11	8:34	20	14:32	191	17:33	36.12	4:31:23	7:30	21	1:15:08	175	1:38:13
VP7 - Kirchhainer	6.17	58:28	9:28	25	24:53	217	27:24	42.29	5:29:51	7:47	21	1:38:19	188	2:05:37
VP8 - Lichtenradi	4.37	37:34	8:35	22	13:54	198	15:29	46.66	6:07:25	7:52	21	1:52:13	189	2:21:06
VP9 - Osdorfer St	5.71	50:19	8:48	24	19:51	208	20:47	52.37	6:57:44	7:58	21	2:11:55	192	2:41:53
VP10 - Sportplatz	6.50	1:10:16	10:48	18	33:56	156	35:26	58.87	8:08:00	8:17	20	2:40:57	182	3:17:19
VP11 - Königswe	6.22	1:04:32	10:22	22	27:20	202	30:22	65.09	9:12:32	8:29	19	3:08:17	184	3:40:19
VP12 - Gedenkst	6.85	1:10:15	10:15	21	29:23	185	31:52	71.94	10:22:47	8:39	19	3:37:40	184	4:08:02
VP13 - Brauhaus	6.88	1:23:41	12:09	24	42:14	211	45:01	78.82	11:46:28	8:57	22	4:19:54	197	4:48:03
VP14 - Revierförs	5.70	1:06:17	11:37	24	31:51	199	34:13	84.52	12:52:45	9:08	22	4:51:45	194	5:20:00
VP15 - Schloss S	6.24	1:20:54	12:57	17	41:01	154	44:23	90.76	14:13:39	9:24	20	5:32:46	188	6:01:40
VP16 - Pagel & Fi	7.60	1:28:58	11:42	21	41:28	187	45:15	98.36	15:42:37	9:35	21	6:14:14	192	6:42:25
VP17 - Karolinenl	4.91	1:04:07	13:03	22	32:37	195	35:40	103.27	16:46:44	9:44	21	6:46:51	189	7:15:09
VP18 - Falkensee	6.60	1:28:49	13:27	22	46:07	198	50:27	109.87	18:15:33	9:58	21	7:32:58	190	8:04:38
VP19 - Schönwal	5.95	1:15:11	12:38	19	35:24	169	39:55	115.82	19:30:44	10:06	21	8:08:22	188	8:44:33
VP20 - Grenzturn	7.60	1:26:32	11:23	17	34:46	138	43:21	123.42	20:57:16	10:11	21	8:43:08	179	9:27:54
VP21 - Ruderclub	4.78	1:11:43	15:00	16	38:26	164	44:28	128.20	22:08:59	10:21	21	9:21:34	178	10:12:22
VP22 - Frohnau	4.07	53:05	13:02	19	24:40	178	28:36	132.27	23:02:04	10:26	22	9:46:14	178	10:40:52
VP23 - Naturschu	6.61	1:07:51	10:15	12	24:06	84	28:12	138.88	24:09:55	10:26	18	10:10:20	169	11:07:37
VP24 - Oranienbu	4.98	1:08:43	13:47	22	34:21	183	38:57	143.86	25:18:38	10:33	21	10:44:41	172	11:45:39
VP25 - Laufftreff l	5.34	1:11:45	13:26	21	33:22	183	41:48	149.20	26:30:23	10:39	21	11:18:03	175	12:24:34
VP26 - Wilhelmsr	5.72	53:01	9:16	9	17:32	92	20:53	154.92	27:23:24	10:36	21	11:35:35	173	12:44:57
VP27 - Wollankst	3.02	33:41	11:09	10	8:50	94	24:06	157.94	27:57:05	10:37	19	11:44:25	169	20:25:56
Friedrich-Ludwig	3.96	37:13	9:23	12	10:32	112	16:48	161.90	28:34:18	10:35	18	11:54:57	167	13:13:30