



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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MauerFlitzer

□□: MauerFlitzer

□□: 10004

□□: 161.90 km

100MeilenBerlin - 10+ Staffel

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10er+ Staffel

□□□: 15:16:48

□□: 10.54 km/h

□□□□: 5:40 min/km

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□□□□□□: 11:04:37

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VP1 - Brandenbu	7.30	44:09	6:02	18	14:59	18	14:59	7.30	44:09	6:02	18	14:59	18	14:59
VP2 - East Side G	6.46	45:28	7:02	22	18:55	22	18:55	13.76	1:29:37	6:30	22	33:27	22	33:27
VP3 - Dammweg	5.90	41:30	7:02	24	15:48	24	15:48	19.66	2:11:07	6:40	22	48:35	22	48:35
VP4 - Johannisth	5.64	31:56	5:39	17	10:40	17	10:40	25.30	2:43:03	6:26	22	59:15	22	59:15
VP5 - U-Bahnhof	5.90	33:25	5:39	15	9:50	15	9:50	31.20	3:16:28	6:17	22	1:09:05	22	1:09:05
VP6 - Buckow	4.92	27:52	5:39	10	7:46	10	7:46	36.12	3:44:20	6:12	17	1:16:51	17	1:16:51
VP7 - Kirchhainer	6.17	34:09	5:32	11	9:03	11	9:03	42.29	4:18:29	6:06	17	1:25:54	17	1:25:54
VP8 - Lichtenradi	4.37	20:56	4:47	5	4:06	5	4:06	46.66	4:39:25	5:59	16	1:28:16	16	1:28:16
VP9 - Osdorfer St	5.71	29:42	5:12	9	5:20	9	5:20	52.37	5:09:07	5:54	16	1:33:36	16	1:33:36
VP10 - Sportplatz	6.50	35:45	5:30	12	10:46	12	10:46	58.87	5:44:52	5:51	16	1:40:57	16	1:40:57
VP11 - Königswe	6.22	38:42	6:13	17	13:14	17	13:14	65.09	6:23:34	5:53	16	1:52:58	16	1:52:58
VP12 - Gedenkst	6.85	37:07	5:25	8	10:20	8	10:20	71.94	7:00:41	5:50	16	2:02:21	16	2:02:21
VP13 - Brauhaus	6.88	38:30	5:35	9	12:39	9	12:39	78.82	7:39:11	5:49	15	2:15:00	15	2:15:00
VP14 - Revierförs	5.70	39:33	6:56	16	16:46	16	16:46	84.52	8:18:44	5:54	15	2:31:46	15	2:31:46
VP15 - Schloss S	6.24	33:38	5:23	10	8:37	10	8:37	90.76	8:52:22	5:51	14	2:40:23	14	2:40:23
VP16 - Pagel & Fi	7.60	46:31	6:07	15	14:10	15	14:10	98.36	9:38:53	5:53	14	2:54:33	14	2:54:33
VP17 - Karolinenl	4.91	30:25	6:11	13	12:50	13	12:50	103.27	10:09:18	5:54	15	3:05:42	15	3:05:42
VP18 - Falkensee	6.60	36:46	5:34	10	12:15	10	12:15	109.87	10:46:04	5:52	15	3:11:29	15	3:11:29
VP19 - Schönwal	5.95	32:56	5:32	10	9:48	10	9:48	115.82	11:19:00	5:51	15	3:21:17	15	3:21:17
VP20 - Grenzturn	7.60	39:33	5:12	11	8:51	11	8:51	123.42	11:58:33	5:49	14	3:29:35	14	3:29:35
VP21 - Ruderclub	4.78	23:07	4:50	9	4:57	9	4:57	128.20	12:21:40	5:47	14	3:33:02	14	3:33:02
VP22 - Frohnau	4.07	17:48	4:22	3	1:17	3	1:17	132.27	12:39:28	5:44	13	3:34:19	13	3:34:19
VP23 - Naturschu	6.61	30:11	4:33	6	3:39	6	3:39	138.88	13:09:39	5:41	12	3:37:03	12	3:37:03
VP24 - Oranienbu	4.98	28:54	5:48	16	9:42	16	9:42	143.86	13:38:33	5:41	12	3:44:55	12	3:44:55
VP25 - Laufftreff l	5.34	29:23	5:30	13	9:30	13	9:30	149.20	14:07:56	5:40	12	3:53:19	12	3:53:19
VP26 - Wilhelmsr	5.72	30:29	5:19	11	9:36	11	9:36	154.92	14:38:25	5:40	12	4:01:46	12	4:01:46
VP27 - Wollankst	3.02	18:18	6:03	11	6:33	11	6:33	157.94	14:56:43	5:40	12	4:07:27	12	4:07:27
Friedrich-Ludwig	3.96	20:05	5:04	9	4:44	9	4:44	161.90	15:16:48	5:39	12	4:12:11	12	4:12:11