



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

□□□□

Hülsmeier, Werner

□□: SV Teuto Riesenbeck

□□: 154

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 28:54:20

□□: 5.57 km/h

□□□□: 10:43 min/km

□□□□□/□□□: 221 (of 319)

□□□□□/□: 177 (of 257)

□□□□□□: 15:20:48

□□□□□: 6(of 9)

□□□□□□□: 22:56:07

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	50:38	6:56	2	6:15	151	17:21	7.30	50:38	6:56	2	6:15	151	17:21	
VP2 - East Side C	6.46	44:15	6:50	2	2:46	134	14:09	13.76	1:34:53	6:53	2	9:01	139	31:15	
VP3 - Dammweg	5.90	41:47	7:04	3	4:42	148	14:12	19.66	2:16:40	6:57	2	13:43	139	43:59	
VP4 - Johannisth	5.64	42:00	7:26	5	5:35	168	15:25	25.30	2:58:40	7:03	2	19:18	146	59:24	
VP5 - U-Bahnhof	5.90	45:38	7:44	4	4:36	173	16:44	31.20	3:44:18	7:11	2	23:54	150	1:15:46	
VP6 - Buckow	4.92	38:43	7:52	3	5:17	156	14:05	36.12	4:23:01	7:16	2	29:11	150	1:29:51	
VP7 - Kirchhainer	6.17	51:01	8:16	5	5:02	166	19:57	42.29	5:14:02	7:25	3	34:13	152	1:49:48	
VP8 - Lichtenradi	4.37	38:02	8:42	6	7:39	204	15:57	46.66	5:52:04	7:32	3	41:52	158	2:05:45	
VP9 - Osdorfer St	5.71	55:20	9:41	8	14:36	224	25:48	52.37	6:47:24	7:46	5	54:21	174	2:31:33	
VP10 - Sportplatz	6.50	1:16:40	11:47	5	16:25	176	41:50	58.87	8:04:04	8:13	4	1:02:54	179	3:13:23	
VP11 - Königsw	6.22	1:11:16	11:27	8	20:12	215	37:06	65.09	9:15:20	8:31	6	1:19:31	190	3:43:07	
VP12 - Gedenkst	6.85	1:14:14	10:50	7	11:28	203	35:51	71.94	10:29:34	8:45	6	1:30:59	193	4:14:49	
VP13 - Brauhaus	6.88	1:15:39	10:59	5	11:47	196	36:59	78.82	11:45:13	8:56	6	1:41:17	195	4:46:48	
VP14 - Revierförs	5.70	1:04:47	11:21	6	10:47	196	32:43	84.52	12:50:00	9:06	5	1:47:03	192	5:17:15	
VP15 - Schloss S	6.24	1:21:59	13:08	5	18:06	159	45:28	90.76	14:11:59	9:23	5	1:48:06	186	6:00:00	
VP16 - Pagel & Fi	7.60	1:29:49	11:49	6	22:22	190	46:06	98.36	15:41:48	9:34	5	2:00:55	191	6:41:36	
VP17 - Karolinenl	4.91	1:02:53	12:48	7	21:49	194	34:26	103.27	16:44:41	9:43	5	2:14:39	188	7:13:06	
VP18 - Falkensee	6.60	1:25:01	12:52	6	25:31	191	46:39	109.87	18:09:42	9:55	5	2:40:10	189	7:58:47	
VP19 - Schönwal	5.95	1:12:46	12:13	3	23:39	161	37:30	115.82	19:22:28	10:02	5	3:03:49	185	8:36:17	
VP20 - Grenzturn	7.60	1:35:12	12:31	5	31:49	172	52:01	123.42	20:57:40	10:11	5	3:35:38	181	9:28:18	
VP21 - Ruderclub	4.78	1:03:04	13:11	5	17:27	133	35:49	128.20	22:00:44	10:18	5	3:53:05	171	10:04:07	
VP22 - Frohnau	4.07	53:33	13:09	6	18:50	179	29:04	132.27	22:54:17	10:23	5	4:11:55	171	10:33:05	
VP23 - Naturschu	6.61	1:20:02	12:06	2	19:31	140	40:23	138.88	24:14:19	10:28	5	4:31:26	173	11:12:01	
VP24 - Oranienbu	4.98	1:01:29	12:20	4	17:26	149	31:43	143.86	25:15:48	10:32	5	4:48:52	170	11:42:49	
VP25 - Laufftreff l	5.34	1:08:54	12:54	5	20:31	175	38:57	149.20	26:24:42	10:37	6	5:09:23	174	12:18:53	
VP26 - Wilhelmsr	5.72	1:06:11	11:34	6	26:23	171	34:03	154.92	27:30:53	10:39	6	5:30:43	176	12:52:26	
VP27 - Wollankst	3.02	38:33	12:45	4	18:29	142	28:58	157.94	28:09:26	10:41	6	5:43:03	175	20:38:17	
Friedrich-Ludwig	3.96	44:54	11:20	6	15:10	169	24:29	161.90	28:54:20	10:42	6	5:58:13	177	13:33:32	