



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Maruyama, Tomoyuki

□□□: 29:11:58

□□: Maraken

□□: 5.51 km/h

□□: 334

□□□□: 10:49 min/km

□□: 161.90 km

□□□□□/□□□: 227 (of 319)

100MeilenBerlin

□□□□□/□: 182 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 22(of 31)

Senioren M40 (40-44 Jahre)

□□□□□□: 15:20:48

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	53:39	7:20	25	14:02	204	20:22	7.30	53:39	7:20	25	14:02	204	20:22
VP2 - East Side G	6.46	53:48	8:19	27	19:30	218	23:42	13.76	1:47:27	7:48	27	33:27	215	43:49
VP3 - Dammweg	5.90	45:58	7:47	26	14:59	208	18:23	19.66	2:33:25	7:48	25	48:25	213	1:00:44
VP4 - Johannisth	5.64	45:29	8:03	27	16:33	201	18:54	25.30	3:18:54	7:51	28	1:04:58	214	1:19:38
VP5 - U-Bahnhof	5.90	46:12	7:49	24	15:36	185	17:18	31.20	4:05:06	7:51	25	1:20:34	207	1:36:34
VP6 - Buckow	4.92	43:49	8:54	24	17:35	204	19:11	36.12	4:48:55	7:59	26	1:38:09	211	1:55:45
VP7 - Kirchhainer	6.17	51:54	8:24	22	19:02	178	20:50	42.29	5:40:49	8:03	25	1:57:11	207	2:16:35
VP8 - Lichtenradi	4.37	35:44	8:10	23	12:31	175	13:39	46.66	6:16:33	8:04	24	2:09:42	200	2:30:14
VP9 - Osdorfer St	5.71	44:24	7:46	21	13:44	153	14:52	52.37	7:00:57	8:02	23	2:23:26	196	2:45:06
VP10 - Sportplatz	6.50	1:27:54	13:31	25	50:38	212	53:04	58.87	8:28:51	8:38	24	3:14:04	204	3:38:10
VP11 - Königswe	6.22	57:07	9:10	17	22:57	144	22:57	65.09	9:25:58	8:41	24	3:37:01	199	3:53:45
VP12 - Gedenkst	6.85	1:02:52	9:10	18	23:28	128	24:29	71.94	10:28:50	8:44	24	4:00:29	191	4:14:05
VP13 - Brauhaus	6.88	1:16:48	11:09	24	38:01	198	38:08	78.82	11:45:38	8:57	24	4:38:30	196	4:47:13
VP14 - Revierförs	5.70	1:00:15	10:34	22	26:26	182	28:11	84.52	12:45:53	9:03	23	5:04:56	190	5:13:08
VP15 - Schloss S	6.24	1:40:59	16:10	24	1:04:28	198	1:04:28	90.76	14:26:52	9:33	23	6:09:24	199	6:14:53
VP16 - Pagel & Fi	7.60	1:21:51	10:46	20	36:14	162	38:08	98.36	15:48:43	9:38	23	6:45:38	198	6:48:31
VP17 - Karolinenl	4.91	58:18	11:52	21	29:48	178	29:51	103.27	16:47:01	9:45	22	7:15:26	190	7:15:26
VP18 - Falkensee	6.60	1:30:21	13:41	25	51:01	199	51:59	109.87	18:17:22	9:59	22	8:06:27	191	8:06:27
VP19 - Schönwal	5.95	1:21:17	13:39	22	46:01	182	46:01	115.82	19:38:39	10:10	22	8:52:28	193	8:52:28
VP20 - Grenzturn	7.60	1:38:44	12:59	21	55:33	181	55:33	123.42	21:17:23	10:20	22	9:48:01	188	9:48:01
VP21 - Ruderclub	4.78	1:19:19	16:35	21	52:04	177	52:04	128.20	22:36:42	10:34	23	10:40:05	190	10:40:05
VP22 - Frohnau	4.07	49:45	12:13	19	25:10	161	25:16	132.27	23:26:27	10:37	23	11:05:15	190	11:05:15
VP23 - Naturschu	6.61	1:23:50	12:40	19	42:44	157	44:11	138.88	24:50:17	10:43	23	11:47:59	191	11:47:59
VP24 - Oranienbu	4.98	1:06:27	13:20	22	35:46	176	36:41	143.86	25:56:44	10:49	23	12:23:45	190	12:23:45
VP25 - Laufftreff l	5.34	1:04:24	12:03	18	31:34	156	34:27	149.20	27:01:08	10:51	23	12:55:19	189	12:55:19
VP26 - Wilhelmsr	5.72	55:41	9:44	15	23:03	108	23:33	154.92	27:56:49	10:49	22	13:18:22	184	13:18:22
VP27 - Wollankst	3.02	36:32	12:05	14	15:54	119	26:57	157.94	28:33:21	10:50	22	13:34:16	185	21:02:12
Friedrich-Ludwig	3.96	38:37	9:45	16	16:54	120	18:12	161.90	29:11:58	10:49	22	13:51:10	182	13:51:10