



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Cavaleiro, Claudia

□□□: 29:30:46

□□: OSC Waldniel/100Mc

□□: 5.46 km/h

□□: 255

□□□□: 10:56 min/km

□□: 161.90 km

□□□□□/□□□: 235 (of 319)

100MeilenBerlin

□□□□□/□: 48 (of 62)

□□□□□□: 17:03:32

□□□□:

□□□□□: 12(of 13)

Seniorinnen W45 (45-49 Jahre)

□□□□□□□: 22:39:33

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Brandenbu	7.30	57:17	7:50	12	12:57	55	16:19	7.30	57:17	7:50	12	12:57	55	16:19
VP2 - East Side C	6.46	55:27	8:35	13	14:15	53	20:39	13.76	1:52:44	8:11	12	27:12	52	36:58
VP3 - Dammweg	5.90	49:52	8:27	13	14:59	50	18:55	19.66	2:42:36	8:16	12	41:19	51	55:53
VP4 - Johannisth	5.64	47:08	8:21	12	14:17	48	17:17	25.30	3:29:44	8:17	12	55:36	49	1:13:10
VP5 - U-Bahnhof	5.90	52:17	8:51	13	15:40	49	20:33	31.20	4:22:01	8:23	12	1:11:16	49	1:33:43
VP6 - Buckow	4.92	42:55	8:43	10	12:59	43	15:00	36.12	5:04:56	8:26	12	1:21:13	49	1:48:43
VP7 - Kirchhainer	6.17	55:39	9:01	11	16:30	44	20:18	42.29	6:00:35	8:31	12	1:37:43	48	2:09:01
VP8 - Lichtenradi	4.37	39:55	9:08	11	13:20	48	16:11	46.66	6:40:30	8:35	12	1:49:26	48	2:25:12
VP9 - Osdorfer St	5.71	51:53	9:05	11	17:47	47	19:51	52.37	7:32:23	8:38	12	2:06:03	48	2:44:05
VP10 - Sportplatz	6.50	1:24:51	13:03	12	44:05	49	48:25	58.87	8:57:14	9:07	12	2:46:23	49	3:31:41
VP11 - Königsw	6.22	59:26	9:33	9	12:10	37	22:30	65.09	9:56:40	9:10	12	2:55:02	49	3:48:53
VP12 - Gedenkst	6.85	1:06:28	9:42	9	17:24	38	25:28	71.94	11:03:08	9:13	12	3:12:26	48	4:11:01
VP13 - Brauhaus	6.88	1:08:23	9:56	9	13:03	33	25:06	78.82	12:11:31	9:16	12	3:25:29	48	4:32:32
VP14 - Revierförs	5.70	1:01:45	10:49	11	13:46	42	22:21	84.52	13:13:16	9:23	12	3:38:06	47	4:50:51
VP15 - Schloss S	6.24	1:34:39	15:10	11	31:38	46	54:24	90.76	14:47:55	9:46	12	4:05:01	47	5:45:15
VP16 - Pagel & Fi	7.60	1:28:44	11:40	10	26:37	42	36:04	98.36	16:16:39	9:55	12	4:28:12	48	6:21:19
VP17 - Karolinenl	4.91	54:46	11:09	11	14:05	40	23:28	103.27	17:11:25	9:59	11	4:42:16	46	6:44:47
VP18 - Falkensee	6.60	1:17:37	11:45	10	22:47	38	36:24	109.87	18:29:02	10:05	11	4:59:10	46	7:21:11
VP19 - Schönwal	5.95	1:27:53	14:46	12	34:52	50	50:04	115.82	19:56:55	10:20	11	5:25:55	45	8:05:40
VP20 - Grenzturn	7.60	1:32:46	12:12	10	28:16	40	44:21	123.42	21:29:41	10:26	11	5:39:24	45	8:50:01
VP21 - Ruderclub	4.78	1:09:38	14:34	9	22:54	37	36:44	128.20	22:39:19	10:36	10	5:59:25	44	9:26:45
VP22 - Frohnau	4.07	52:00	12:46	10	15:59	43	25:44	132.27	23:31:19	10:40	10	6:13:11	45	9:52:06
VP23 - Naturschu	6.61	1:17:27	11:43	9	20:38	27	31:23	138.88	24:48:46	10:43	10	6:11:13	45	10:23:02
VP24 - Oranienbu	4.98	1:02:35	12:34	9	17:03	42	28:55	143.86	25:51:21	10:47	11	6:19:00	47	10:51:57
VP25 - Laufftreff l	5.34	1:07:50	12:42	11	22:05	46	31:46	149.20	26:59:11	10:51	11	6:28:03	47	11:21:31
VP26 - Wilhelmsr	5.72	1:09:26	12:08	11	23:00	48	31:30	154.92	28:08:37	10:53	12	6:34:59	48	11:53:01
VP27 - Wollankst	3.02	37:21	12:22	6	9:16	32	15:57	157.94	28:45:58	10:55	12	6:38:58	48	12:06:50
Friedrich-Ludwig	3.96	44:48	11:18	10	15:25	44	22:37	161.90	29:30:46	10:56	12	6:51:13	48	12:27:14