



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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LV Einheit Pankow

□□: LV Einheit Pankow

□□: 10017

□□: 161.90 km

100MeilenBerlin - 10+ Staffel

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10er+ Staffel

□□□: 15:45:52

□□: 10.21 km/h

□□□□: 5:50 min/km

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□□□□□□: 11:04:37

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VP1 - Brandenbu	7.30	38:06	5:13	9	8:56	9	8:56	7.30	38:06	5:13	9	8:56	9	8:56
VP2 - East Side G	6.46	32:29	5:01	7	5:56	7	5:56	13.76	1:10:35	5:07	7	14:25	7	14:25
VP3 - Dammweg	5.90	29:44	5:02	7	4:02	7	4:02	19.66	1:40:19	5:06	7	17:47	7	17:47
VP4 - Johannisth	5.64	28:44	5:05	12	7:28	12	7:28	25.30	2:09:03	5:06	8	25:15	8	25:15
VP5 - U-Bahnhof	5.90	31:08	5:16	11	7:33	11	7:33	31.20	2:40:11	5:08	9	32:48	9	32:48
VP6 - Buckow	4.92	27:27	5:34	9	7:21	9	7:21	36.12	3:07:38	5:11	10	40:09	10	40:09
VP7 - Kirchhainer	6.17	31:39	5:07	8	6:33	8	6:33	42.29	3:39:17	5:11	10	46:42	10	46:42
VP8 - Lichtenradi	4.37	31:54	7:17	23	15:04	23	15:04	46.66	4:11:11	5:22	11	1:00:02	11	1:00:02
VP9 - Osdorfer St	5.71	32:44	5:43	15	8:22	15	8:22	52.37	4:43:55	5:25	11	1:08:24	11	1:08:24
VP10 - Sportplatz	6.50	42:06	6:28	16	17:07	16	17:07	58.87	5:26:01	5:32	12	1:22:06	12	1:22:06
VP11 - Königswe	6.22	37:12	5:58	12	11:44	12	11:44	65.09	6:03:13	5:34	12	1:32:37	12	1:32:37
VP12 - Gedenkst	6.85	39:47	5:48	14	13:00	14	13:00	71.94	6:43:00	5:36	10	1:44:40	10	1:44:40
VP13 - Brauhaus	6.88	39:03	5:40	12	13:12	12	13:12	78.82	7:22:03	5:36	10	1:57:52	10	1:57:52
VP14 - Revierförs	5.70	36:01	6:19	13	13:14	13	13:14	84.52	7:58:04	5:39	12	2:11:06	12	2:11:06
VP15 - Schloss S	6.24	37:07	5:56	15	12:06	15	12:06	90.76	8:35:11	5:40	12	2:23:12	12	2:23:12
VP16 - Pagel & Fi	7.60	46:23	6:06	14	14:02	14	14:02	98.36	9:21:34	5:42	12	2:37:14	12	2:37:14
VP17 - Karolinenl	4.91	29:22	5:58	11	11:47	11	11:47	103.27	9:50:56	5:43	12	2:47:20	12	2:47:20
VP18 - Falkensee	6.60	38:18	5:48	15	13:47	15	13:47	109.87	10:29:14	5:43	12	2:54:39	12	2:54:39
VP19 - Schönwal	5.95	33:53	5:41	12	10:45	12	10:45	115.82	11:03:07	5:43	12	3:05:24	12	3:05:24
VP20 - Grenzturn	7.60	44:22	5:50	15	13:40	15	13:40	123.42	11:47:29	5:43	13	3:18:31	13	3:18:31
VP21 - Ruderclub	4.78	29:33	6:10	15	11:23	15	11:23	128.20	12:17:02	5:44	13	3:28:24	13	3:28:24
VP22 - Frohnau	4.07	24:46	6:05	12	8:15	12	8:15	132.27	12:41:48	5:45	14	3:36:39	14	3:36:39
VP23 - Naturschu	6.61	41:22	6:15	21	14:50	21	14:50	138.88	13:23:10	5:46	14	3:50:34	14	3:50:34
VP24 - Oranienbu	4.98	32:54	6:36	20	13:42	20	13:42	143.86	13:56:04	5:48	14	4:02:26	14	4:02:26
VP25 - Laufftreff l	5.34	30:54	5:47	14	11:01	14	11:01	149.20	14:26:58	5:48	13	4:12:21	13	4:12:21
VP26 - Wilhelmsr	5.72	32:18	5:38	17	11:25	17	11:25	154.92	14:59:16	5:48	14	4:22:37	14	4:22:37
VP27 - Wollankst	3.02	22:54	7:34	19	11:09	19	11:09	157.94	15:22:10	5:50	14	4:32:54	14	4:32:54
Friedrich-Ludwig	3.96	23:42	5:59	15	8:21	15	8:21	161.90	15:45:52	5:50	14	4:41:15	14	4:41:15