



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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## Jankow, Holger

□□: tecis Berlin Mitte

□□: 204

□□: 161.90 km  
100MeilenBerlin

□□□□:  
Senioren M35 (35-39 Jahre)

□□□□□/□□□: DNF (of 319)

□□□□□/□: DNF (of 257)

□□□□□□: 15:20:48

□□□□□: DNF(of 34)

□□□□□□□: 16:12:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	53:23	7:18	26	20:06	199	20:06	7.30	53:23	7:18	26	20:06	199	20:06	
VP2 - East Side G	6.46	48:07	7:26	23	17:46	185	18:01	13.76	1:41:30	7:22	23	37:52	192	37:52	
VP3 - Dammweg	5.90	45:40	7:44	24	15:45	205	18:05	19.66	2:27:10	7:29	23	53:37	196	54:29	
VP4 - Johannisth	5.64	45:33	8:04	23	17:23	202	18:58	25.30	3:12:43	7:37	24	1:10:14	194	1:13:27	
VP5 - U-Bahnhof	5.90	45:55	7:46	24	15:16	177	17:01	31.20	3:58:38	7:38	25	1:23:32	194	1:30:06	
VP6 - Buckow	4.92	41:02	8:20	24	15:09	178	16:24	36.12	4:39:40	7:44	24	1:37:10	192	1:46:30	
VP7 - Kirchhainer	6.17	54:14	8:47	26	21:25	199	23:10	42.29	5:33:54	7:53	24	1:55:30	193	2:09:40	
VP8 - Lichtenradi	4.37	34:15	7:50	21	11:21	153	12:10	46.66	6:08:09	7:53	24	2:05:46	191	2:21:50	
VP9 - Osdorfer St	5.71	47:23	8:17	23	16:51	190	17:51	52.37	6:55:32	7:56	25	2:21:26	189	2:39:41	
VP10 - Sportplatz	6.50	1:16:08	11:42	19	40:44	174	41:18	58.87	8:11:40	8:21	23	2:58:47	188	3:20:59	
VP11 - Königswe	6.22	1:02:04	9:58	26	25:48	188	27:54	65.09	9:13:44	8:30	23	3:24:35	186	3:41:31	
VP12 - Gedenkst	6.85	1:20:02	11:41	27	40:33	217	41:39	71.94	10:33:46	8:48	24	4:05:08	196	4:19:01	
VP13 - Brauhaus	6.88	1:09:19	10:04	20	30:11	161	30:39	78.82	11:43:05	8:55	24	4:35:19	193	4:44:40	
VP14 - Revierförs	5.70	fehlt!	-	-	-	-	-	84.52	-	-	-	-	-	-	
VP15 - Schloss S	6.24	fehlt!	-	-	-	-	-	90.76	-	-	-	-	-	-	
VP16 - Pagel & Fi	7.60	fehlt!	-	-	-	-	-	98.36	-	-	-	-	-	-	
VP17 - Karolinenl	4.91	fehlt!	-	-	-	-	-	103.27	-	-	-	-	-	-	
VP18 - Falkensee	6.60	fehlt!	-	-	-	-	-	109.87	-	-	-	-	-	-	
VP19 - Schönwal	5.95	fehlt!	-	-	-	-	-	115.82	-	-	-	-	-	-	
VP20 - Grenzturn	7.60	fehlt!	-	-	-	-	-	123.42	-	-	-	-	-	-	
VP21 - Ruderclub	4.78	fehlt!	-	-	-	-	-	128.20	-	-	-	-	-	-	
VP22 - Frohnau	4.07	fehlt!	-	-	-	-	-	132.27	-	-	-	-	-	-	
VP23 - Naturschu	6.61	fehlt!	-	-	-	-	-	138.88	-	-	-	-	-	-	
VP24 - Oranienbu	4.98	fehlt!	-	-	-	-	-	143.86	-	-	-	-	-	-	
VP25 - Laufftreff l	5.34	fehlt!	-	-	-	-	-	149.20	-	-	-	-	-	-	
VP26 - Wilhelmsr	5.72	fehlt!	-	-	-	-	-	154.92	-	-	-	-	-	-	
VP27 - Wollankst	3.02	fehlt!	-	-	-	-	-	157.94	-	-	-	-	-	-	
Friedrich-Ludwig	3.96	fehlt!	-	-	-	-	-	161.90	-	-	-	-	-	-	