



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Ilk, Olaf

□□: LG Mauerweg Berlin e.V.

□□: 119

□□: 161.90 km
100MeilenBerlin

□□□□:
Senioren M50 (50-54 Jahre)

□□□□□/□□□: DNF (of 319)

□□□□□/□: DNF (of 257)

□□□□□□: 15:20:48

□□□□□: DNF(of 50)

□□□□□□□: 15:44:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	51:57	7:06	39	14:56	188	18:40	7.30	51:57	7:06	39	14:56	188	18:40
VP2 - East Side G	6.46	47:07	7:17	36	14:47	170	17:01	13.76	1:39:04	7:11	38	29:43	179	35:26
VP3 - Dammweg	5.90	42:38	7:13	35	12:35	172	15:03	19.66	2:21:42	7:12	37	42:18	177	49:01
VP4 - Johannisth	5.64	40:46	7:13	29	12:01	144	14:11	25.30	3:02:28	7:12	36	54:19	164	1:03:12
VP5 - U-Bahnhof	5.90	45:23	7:41	31	14:22	170	16:29	31.20	3:47:51	7:18	35	1:08:41	162	1:19:19
VP6 - Buckow	4.92	38:34	7:50	36	11:59	154	13:56	36.12	4:26:25	7:22	37	1:20:36	158	1:33:15
VP7 - Kirchhainer	6.17	56:20	9:07	43	21:40	207	25:16	42.29	5:22:45	7:37	38	1:42:11	170	1:58:31
VP8 - Lichtenradi	4.37	40:41	9:18	43	16:28	215	18:36	46.66	6:03:26	7:47	38	1:57:41	180	2:17:07
VP9 - Osdorfer St	5.71	58:55	10:19	48	28:18	228	29:23	52.37	7:02:21	8:03	41	2:18:47	201	2:46:30
VP10 - Sportplatz	6.50	2:00:48	18:35	48	1:24:15	234	1:25:58	58.87	9:03:09	9:13	45	3:31:38	222	4:12:28
VP11 - Königswe	6.22	1:19:07	12:43	48	40:36	225	44:57	65.09	10:22:16	9:33	46	4:12:06	220	4:50:03
VP12 - Gedenkst	6.85	1:32:54	13:33	46	54:31	223	54:31	71.94	11:55:10	9:56	45	5:06:37	219	5:40:25
VP13 - Brauhaus	6.88	5:19:40	46:27	47	4:41:00	223	4:41:00	78.82	17:14:50	13:07	45	9:47:37	221	10:16:25
VP14 - Revierförs	5.70	fehlt!	-	-	-	-	-	84.52	-	-	-	-	-	-
VP15 - Schloss S	6.24	fehlt!	-	-	-	-	-	90.76	-	-	-	-	-	-
VP16 - Pagel & Fi	7.60	fehlt!	-	-	-	-	-	98.36	-	-	-	-	-	-
VP17 - Karolinenl	4.91	fehlt!	-	-	-	-	-	103.27	-	-	-	-	-	-
VP18 - Falkensee	6.60	fehlt!	-	-	-	-	-	109.87	-	-	-	-	-	-
VP19 - Schönwal	5.95	fehlt!	-	-	-	-	-	115.82	-	-	-	-	-	-
VP20 - Grenzturn	7.60	fehlt!	-	-	-	-	-	123.42	-	-	-	-	-	-
VP21 - Ruderclub	4.78	fehlt!	-	-	-	-	-	128.20	-	-	-	-	-	-
VP22 - Frohnau	4.07	fehlt!	-	-	-	-	-	132.27	-	-	-	-	-	-
VP23 - Naturschu	6.61	fehlt!	-	-	-	-	-	138.88	-	-	-	-	-	-
VP24 - Oranienbu	4.98	fehlt!	-	-	-	-	-	143.86	-	-	-	-	-	-
VP25 - Laufftreff l	5.34	fehlt!	-	-	-	-	-	149.20	-	-	-	-	-	-
VP26 - Wilhelmsr	5.72	fehlt!	-	-	-	-	-	154.92	-	-	-	-	-	-
VP27 - Wollankst	3.02	fehlt!	-	-	-	-	-	157.94	-	-	-	-	-	-
Friedrich-Ludwig	3.96	fehlt!	-	-	-	-	-	161.90	-	-	-	-	-	-