



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Team

Team Laktat 3

Team: Team Laktat³

Team ID: 10022

Distance: 161.90 km

100MeilenBerlin - 10+ Staffel

Staffel:

10er+ Staffel

Time: 11:04:37

Speed: 14.53 km/h

Pace: 4:07 min/km

Rank: 1 (of 25)

Staffel Rank: 1 (of 25)

Staffel Time: 11:04:37

Staffel Rank: 1 (of 25)

Staffel Time: 11:04:37

Results

Rank

Time

Rank	Name	km	Time	Pace	Rank	Name	km	Time	Pace	Rank	Name	km	Time	Pace	
1	VP1 - Brandenbu	7.30	29:37	4:03	2	0:27	2	0:27	7.30	29:37	4:03	2	0:27	2	0:27
2	VP2 - East Side G	6.46	26:33	4:06	1	-	1	-	13.76	56:10	4:04	1	-	1	-
3	VP3 - Dammweg	5.90	26:22	4:28	3	0:40	3	0:40	19.66	1:22:32	4:11	1	-	1	-
4	VP4 - Johannisth	5.64	21:16	3:46	1	-	1	-	25.30	1:43:48	4:06	1	-	1	-
5	VP5 - U-Bahnhof	5.90	23:35	3:59	1	-	1	-	31.20	2:07:23	4:04	1	-	1	-
6	VP6 - Buckow	4.92	20:06	4:05	1	-	1	-	36.12	2:27:29	4:04	1	-	1	-
7	VP7 - Kirchhainer	6.17	25:06	4:04	1	-	1	-	42.29	2:52:35	4:04	1	-	1	-
8	VP8 - Lichtenradi	4.37	18:34	4:14	2	1:44	2	1:44	46.66	3:11:09	4:05	1	-	1	-
9	VP9 - Osdorfer St	5.71	24:22	4:16	1	-	1	-	52.37	3:35:31	4:06	1	-	1	-
10	VP10 - Sportplatz	6.50	28:24	4:22	2	3:25	2	3:25	58.87	4:03:55	4:08	1	-	1	-
11	VP11 - Königswe	6.22	26:41	4:17	2	1:13	2	1:13	65.09	4:30:36	4:09	1	-	1	-
12	VP12 - Gedenkst	6.85	29:21	4:17	2	2:34	2	2:34	71.94	4:59:57	4:10	2	1:37	2	1:37
13	VP13 - Brauhaus	6.88	30:27	4:25	3	4:36	3	4:36	78.82	5:30:24	4:11	2	6:13	2	6:13
14	VP14 - Revierförs	5.70	23:27	4:06	2	0:40	2	0:40	84.52	5:53:51	4:11	2	6:53	2	6:53
15	VP15 - Schloss S	6.24	25:51	4:08	2	0:50	2	0:50	90.76	6:19:42	4:11	2	7:43	2	7:43
16	VP16 - Pagel & Fi	7.60	32:47	4:18	2	0:26	2	0:26	98.36	6:52:29	4:11	2	8:09	2	8:09
17	VP17 - Karolinenl	4.91	17:35	3:34	1	-	1	-	103.27	7:10:04	4:09	2	6:28	2	6:28
18	VP18 - Falkensee	6.60	24:31	3:42	1	-	1	-	109.87	7:34:35	4:08	1	-	1	-
19	VP19 - Schönwal	5.95	23:08	3:53	1	-	1	-	115.82	7:57:43	4:07	1	-	1	-
20	VP20 - Grenzturn	7.60	31:15	4:06	2	0:33	2	0:33	123.42	8:28:58	4:07	1	-	1	-
21	VP21 - Ruderclub	4.78	19:40	4:06	2	1:30	2	1:30	128.20	8:48:38	4:07	1	-	1	-
22	VP22 - Frohnau	4.07	16:31	4:03	1	-	1	-	132.27	9:05:09	4:07	1	-	1	-
23	VP23 - Naturschu	6.61	27:27	4:09	3	0:55	3	0:55	138.88	9:32:36	4:07	1	-	1	-
24	VP24 - Oranienbu	4.98	21:02	4:13	3	1:50	3	1:50	143.86	9:53:38	4:07	1	-	1	-
25	VP25 - Laufftreff l	5.34	22:08	4:08	3	2:15	3	2:15	149.20	10:15:46	4:07	2	1:09	2	1:09
26	VP26 - Wilhelmsr	5.72	20:53	3:39	1	-	1	-	154.92	10:36:39	4:06	1	-	1	-
27	VP27 - Wollankst	3.02	12:37	4:10	2	0:52	2	0:52	157.94	10:49:16	4:06	1	-	1	-
28	Friedrich-Ludwig	3.96	15:21	3:52	1	-	1	-	161.90	11:04:37	4:06	1	-	1	-