



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

□□□□

Janina - Syrina - Carsten - Thomas

□□□: 17:20:41

□□: Janina - Syrina - Carsten - Thomas

□□: 9.33 km/h

□□: 4001

□□□□: 6:26 min/km

□□: 161.90 km

□□□□□/□□□: 21 (of 51)

100MeilenBerlin - 4er Staffel

□□□□□/□□□: 21 (of 51)

□□□□□□: 12:47:10

□□□□:

□□□□□: 21(of 51)

4er Staffel

□□□□□□: 12:47:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Brandenbu	7.30	44:42	6:07	36	15:27	36	15:27	7.30	44:42	6:07	36	15:27	36	15:27
VP2 - East Side G	6.46	43:13	6:41	37	16:26	37	16:26	13.76	1:27:55	6:23	36	31:53	36	31:53
VP3 - Dammweg	5.90	41:12	6:58	46	15:37	46	15:37	19.66	2:09:07	6:34	40	47:30	40	47:30
VP4 - Johannisth	5.64	39:21	6:58	37	14:40	37	14:40	25.30	2:48:28	6:39	40	1:01:36	40	1:01:36
VP5 - U-Bahnhof	5.90	42:43	7:14	37	17:23	37	17:23	31.20	3:31:11	6:46	37	1:18:59	37	1:18:59
VP6 - Buckow	4.92	44:21	9:00	49	22:38	49	22:38	36.12	4:15:32	7:04	38	1:41:22	38	1:41:22
VP7 - Kirchhainer	6.17	55:14	8:57	44	26:44	44	26:44	42.29	5:10:46	7:20	41	2:07:26	41	2:07:26
VP8 - Lichtenradi	4.37	36:43	8:24	43	16:27	43	16:27	46.66	5:47:29	7:26	41	2:23:53	41	2:23:53
VP9 - Osdorfer St	5.71	39:21	6:53	26	12:51	26	12:51	52.37	6:26:50	7:23	39	2:36:04	39	2:36:04
VP10 - Sportplatz	6.50	55:35	8:33	37	23:38	37	23:38	58.87	7:22:25	7:30	39	2:59:42	39	2:59:42
VP11 - Königsw	6.22	29:52	4:48	4	3:17	4	3:17	65.09	7:52:17	7:15	37	3:00:32	37	3:00:32
VP12 - Gedenkst	6.85	34:51	5:05	5	4:40	5	4:40	71.94	8:27:08	7:02	35	3:02:21	35	3:02:21
VP13 - Brauhaus	6.88	39:32	5:44	12	8:49	12	8:49	78.82	9:06:40	6:56	32	3:06:58	32	3:06:58
VP14 - Revierförs	5.70	33:54	5:56	7	7:07	7	7:07	84.52	9:40:34	6:52	30	3:09:41	30	3:09:41
VP15 - Schloss S	6.24	36:10	5:47	9	7:42	9	7:42	90.76	10:16:44	6:47	27	3:12:55	27	3:12:55
VP16 - Pagel & Fi	7.60	41:45	5:29	18	9:39	18	9:39	98.36	10:58:29	6:41	27	3:22:34	27	3:22:34
VP17 - Karolinenl	4.91	27:00	5:29	12	5:44	12	5:44	103.27	11:25:29	6:38	25	3:28:18	25	3:28:18
VP18 - Falkensee	6.60	37:48	5:43	14	8:09	14	8:09	109.87	12:03:17	6:34	24	3:36:27	24	3:36:27
VP19 - Schönwal	5.95	32:23	5:26	8	5:33	8	5:33	115.82	12:35:40	6:31	24	3:42:00	24	3:42:00
VP20 - Grenzturn	7.60	43:52	5:46	6	7:03	6	7:03	123.42	13:19:32	6:28	24	3:37:25	24	3:37:25
VP21 - Ruderclub	4.78	27:41	5:47	13	8:27	13	8:27	128.20	13:47:13	6:27	22	3:42:09	22	3:42:09
VP22 - Frohnau	4.07	24:47	6:05	31	8:01	31	8:01	132.27	14:12:00	6:26	21	3:46:17	21	3:46:17
VP23 - Naturschu	6.61	42:22	6:24	30	14:19	30	14:19	138.88	14:54:22	6:26	23	3:54:03	23	3:54:03
VP24 - Oranienbu	4.98	31:01	6:13	23	9:26	23	9:26	143.86	15:25:23	6:25	21	4:00:05	21	4:00:05
VP25 - Laufftreff l	5.34	32:13	6:01	20	31:53	20	31:53	149.20	15:57:36	6:25	21	4:07:10	21	4:07:10
VP26 - Wilhelmsr	5.72	36:29	6:22	27	15:17	27	15:17	154.92	16:34:05	6:25	21	4:18:20	21	4:18:20
VP27 - Wollankst	3.02	21:47	7:12	20	7:24	20	7:24	157.94	16:55:52	6:25	21	4:25:44	21	4:25:44
Friedrich-Ludwig	3.96	24:49	6:16	25	11:28	25	11:28	161.90	17:20:41	6:25	21	4:33:31	21	4:33:31