



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Desteffani, Jörg

000: 18:25:43

00: Windisch

00: 8.74 km/h

00: 238

0000: 6:50 min/km

00: 161.90 km

00000/000: 13 (of 319)

100MeilenBerlin

00000/0: 12 (of 257)

000000: 15:20:48

0000:

00000: 2(of 50)

Senioren M50 (50-54 Jahre)

0000000: 15:44:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	41:19	5:39	6	4:18	21	8:02	7.30	41:19	5:39	6	4:18	21	8:02
VP2 - East Side C	6.46	39:40	6:08	10	7:20	54	9:34	13.76	1:20:59	5:53	8	11:38	43	17:21
VP3 - Dammweg	5.90	34:21	5:49	8	4:18	39	6:46	19.66	1:55:20	5:51	8	15:56	44	22:39
VP4 - Johannisth	5.64	32:25	5:44	4	3:40	23	5:50	25.30	2:27:45	5:50	7	19:36	37	28:29
VP5 - U-Bahnhof	5.90	36:12	6:08	8	5:11	40	7:18	31.20	3:03:57	5:53	7	24:47	37	35:25
VP6 - Buckow	4.92	30:36	6:13	6	4:01	37	5:58	36.12	3:34:33	5:56	7	28:44	35	41:23
VP7 - Kirchhainer	6.17	39:32	6:24	7	4:52	41	8:28	42.29	4:14:05	6:00	7	33:31	36	49:51
VP8 - Lichtenradi	4.37	27:54	6:23	7	3:41	44	5:49	46.66	4:41:59	6:02	7	36:14	38	55:40
VP9 - Osdorfer St	5.71	36:37	6:24	8	6:00	46	7:05	52.37	5:18:36	6:05	6	35:02	37	1:02:45
VP10 - Sportplatz	6.50	45:47	7:02	4	9:14	31	10:57	58.87	6:04:23	6:11	6	32:52	35	1:13:42
VP11 - Königsw	6.22	43:43	7:01	6	5:12	26	9:33	65.09	6:48:06	6:16	5	37:56	27	1:15:53
VP12 - Gedenkst	6.85	49:15	7:11	8	10:52	30	10:52	71.94	7:37:21	6:21	5	48:48	25	1:22:36
VP13 - Brauhaus	6.88	49:18	7:09	6	10:38	23	10:38	78.82	8:26:39	6:25	6	59:26	26	1:28:14
VP14 - Revierförs	5.70	41:10	7:13	3	9:06	16	9:06	84.52	9:07:49	6:28	6	1:08:32	25	1:35:04
VP15 - Schloss S	6.24	49:27	7:55	4	10:55	21	12:56	90.76	9:57:16	6:34	4	1:19:27	24	1:45:17
VP16 - Pagel & Fi	7.60	54:02	7:06	4	10:19	12	10:19	98.36	10:51:18	6:37	4	1:29:46	21	1:51:06
VP17 - Karolinenl	4.91	35:34	7:14	6	7:07	21	7:07	103.27	11:26:52	6:39	4	1:36:53	22	1:55:17
VP18 - Falkensee	6.60	48:10	7:17	3	9:48	18	9:48	109.87	12:15:02	6:41	4	1:46:41	22	2:04:07
VP19 - Schönwal	5.95	41:39	6:59	2	6:01	9	6:23	115.82	12:56:41	6:42	3	1:52:42	20	2:10:30
VP20 - Grenzturn	7.60	52:48	6:56	3	7:33	7	9:37	123.42	13:49:29	6:43	3	2:00:15	18	2:20:07
VP21 - Ruderclub	4.78	33:53	7:05	2	3:27	9	6:38	128.20	14:23:22	6:44	3	2:03:42	15	2:26:45
VP22 - Frohnau	4.07	31:23	7:42	5	6:54	18	6:54	132.27	14:54:45	6:45	3	2:10:36	15	2:33:33
VP23 - Naturschu	6.61	46:51	7:05	2	7:12	7	7:12	138.88	15:41:36	6:46	2	2:17:48	13	2:39:18
VP24 - Oranienbu	4.98	37:12	7:28	3	5:25	11	7:26	143.86	16:18:48	6:48	2	2:23:13	13	2:45:49
VP25 - Laufftreff l	5.34	40:15	7:32	2	8:23	12	10:18	149.20	16:59:03	6:49	2	2:31:36	13	2:53:14
VP26 - Wilhelmsr	5.72	38:51	6:47	3	3:25	12	6:43	154.92	17:37:54	6:49	2	2:35:01	14	2:59:27
VP27 - Wollankst	3.02	23:09	7:39	3	3:56	19	13:34	157.94	18:01:03	6:50	2	2:38:57	14	10:29:54
Friedrich-Ludwig	3.96	24:40	6:13	2	2:46	17	4:15	161.90	18:25:43	6:49	2	2:41:43	12	3:04:55