



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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The lazy runners

00: The lazy runners

00: 4017

00: 161.90 km

100MeilenBerlin - 4er Staffel

0000:

4er Staffel

000: 17:30:05

00: 9.20 km/h

0000: 6:29 min/km

00000/0000: 22 (of 51)

00000/0000: 22 (of 51)

000000: 12:47:10

00000: 22(of 51)

0000000: 12:47:10

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
VP1 - Brandenbu	7.30	49:31	6:46	49	20:16	49	20:16	7.30	49:31	6:46	49	20:16	49	20:16
VP2 - East Side C	6.46	46:43	7:13	49	19:56	49	19:56	13.76	1:36:14	6:59	49	40:12	49	40:12
VP3 - Dammweg	5.90	43:17	7:20	50	17:42	50	17:42	19.66	2:19:31	7:05	49	57:54	49	57:54
VP4 - Johannisth	5.64	42:24	7:31	48	17:43	48	17:43	25.30	3:01:55	7:11	49	1:15:03	49	1:15:03
VP5 - U-Bahnhof	5.90	43:59	7:27	40	18:39	40	18:39	31.20	3:45:54	7:14	49	1:33:42	49	1:33:42
VP6 - Buckow	4.92	38:23	7:48	39	16:40	39	16:40	36.12	4:24:17	7:19	48	1:50:07	48	1:50:07
VP7 - Kirchhainer	6.17	48:08	7:48	34	19:38	34	19:38	42.29	5:12:25	7:23	43	2:09:05	43	2:09:05
VP8 - Lichtenradi	4.37	35:26	8:06	40	15:10	40	15:10	46.66	5:47:51	7:27	43	2:24:15	43	2:24:15
VP9 - Osdorfer St	5.71	44:40	7:49	40	18:10	40	18:10	52.37	6:32:31	7:29	42	2:41:45	42	2:41:45
VP10 - Sportplatz	6.50	54:04	8:19	34	22:07	34	22:07	58.87	7:26:35	7:35	41	3:03:52	41	3:03:52
VP11 - Königswe	6.22	34:06	5:28	17	7:31	17	7:31	65.09	8:00:41	7:23	40	3:08:56	40	3:08:56
VP12 - Gedenkst	6.85	38:34	5:37	15	8:23	15	8:23	71.94	8:39:15	7:13	39	3:14:28	39	3:14:28
VP13 - Brauhaus	6.88	38:30	5:35	8	7:47	8	7:47	78.82	9:17:45	7:04	36	3:18:03	36	3:18:03
VP14 - Revierförs	5.70	34:28	6:02	10	7:41	10	7:41	84.52	9:52:13	7:00	33	3:21:20	33	3:21:20
VP15 - Schloss S	6.24	39:31	6:19	17	11:03	17	11:03	90.76	10:31:44	6:57	31	3:27:55	31	3:27:55
VP16 - Pagel & Fi	7.60	46:06	6:03	27	14:00	27	14:00	98.36	11:17:50	6:53	31	3:41:55	31	3:41:55
VP17 - Karolinenl	4.91	29:23	5:59	26	8:07	26	8:07	103.27	11:47:13	6:50	30	3:50:02	30	3:50:02
VP18 - Falkensee	6.60	40:43	6:10	23	11:04	23	11:04	109.87	12:27:56	6:48	29	4:01:06	29	4:01:06
VP19 - Schönwal	5.95	36:47	6:10	20	9:57	20	9:57	115.82	13:04:43	6:46	30	4:11:03	30	4:11:03
VP20 - Grenzturn	7.60	52:18	6:52	25	15:29	25	15:29	123.42	13:57:01	6:46	29	4:14:54	29	4:14:54
VP21 - Ruderclub	4.78	32:09	6:43	23	12:55	23	12:55	128.20	14:29:10	6:46	29	4:24:06	29	4:24:06
VP22 - Frohnau	4.07	19:18	4:44	4	2:32	4	2:32	132.27	14:48:28	6:43	27	4:22:45	27	4:22:45
VP23 - Naturschu	6.61	32:34	4:55	5	4:31	5	4:31	138.88	15:21:02	6:37	27	4:20:43	27	4:20:43
VP24 - Oranienbu	4.98	24:50	4:59	6	3:15	6	3:15	143.86	15:45:52	6:34	27	4:20:34	27	4:20:34
VP25 - Laufftreff l	5.34	28:40	5:22	15	28:20	15	28:20	149.20	16:14:32	6:31	23	4:24:06	23	4:24:06
VP26 - Wilhelmsr	5.72	31:10	5:26	17	9:58	17	9:58	154.92	16:45:42	6:29	23	4:29:57	23	4:29:57
VP27 - Wollankst	3.02	21:25	7:05	18	7:02	18	7:02	157.94	17:07:07	6:30	22	4:36:59	22	4:36:59
Friedrich-Ludwig	3.96	22:58	5:47	21	9:37	21	9:37	161.90	17:30:05	6:29	22	4:42:55	22	4:42:55