



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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## LGM Fast Forward

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□□: 10018

□□: 161.90 km

100MeilenBerlin - 10+ Staffel

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10er+ Staffel

□□□: 11:07:49

□□: 14.55 km/h

□□□□: 4:07 min/km

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VP1 - Brandenbu	7.30	29:10	3:59	1	-	1	-	7.30	29:10	3:59	1	-	1	-	
VP2 - East Side G	6.46	29:04	4:29	2	2:31	2	2:31	13.76	58:14	4:13	2	2:04	2	2:04	
VP3 - Dammweg	5.90	25:42	4:21	1	-	1	-	19.66	1:23:56	4:16	2	1:24	2	1:24	
VP4 - Johannisth	5.64	23:28	4:09	4	2:12	4	2:12	25.30	1:47:24	4:14	2	3:36	2	3:36	
VP5 - U-Bahnhof	5.90	24:02	4:04	2	0:27	2	0:27	31.20	2:11:26	4:12	2	4:03	2	4:03	
VP6 - Buckow	4.92	20:50	4:14	2	0:44	2	0:44	36.12	2:32:16	4:12	2	4:47	2	4:47	
VP7 - Kirchhainer	6.17	25:35	4:08	2	0:29	2	0:29	42.29	2:57:51	4:12	2	5:16	2	5:16	
VP8 - Lichtenradi	4.37	16:50	3:51	1	-	1	-	46.66	3:14:41	4:10	2	3:32	2	3:32	
VP9 - Osdorfer St	5.71	26:25	4:37	3	2:03	3	2:03	52.37	3:41:06	4:13	2	5:35	2	5:35	
VP10 - Sportplatz	6.50	24:59	3:50	1	-	1	-	58.87	4:06:05	4:10	2	2:10	2	2:10	
VP11 - Königsw	6.22	25:28	4:05	1	-	1	-	65.09	4:31:33	4:10	2	0:57	2	0:57	
VP12 - Gedenkst	6.85	26:47	3:54	1	-	1	-	71.94	4:58:20	4:08	1	-	1	-	
VP13 - Brauhaus	6.88	25:51	3:45	1	-	1	-	78.82	5:24:11	4:06	1	-	1	-	
VP14 - Revierförs	5.70	22:47	3:59	1	-	1	-	84.52	5:46:58	4:06	1	-	1	-	
VP15 - Schloss S	6.24	25:01	4:00	1	-	1	-	90.76	6:11:59	4:05	1	-	1	-	
VP16 - Pagel & Fi	7.60	32:21	4:15	1	-	1	-	98.36	6:44:20	4:06	1	-	1	-	
VP17 - Karolinenl	4.91	19:16	3:55	2	1:41	2	1:41	103.27	7:03:36	4:06	1	-	1	-	
VP18 - Falkensee	6.60	31:04	4:42	2	6:33	2	6:33	109.87	7:34:40	4:08	2	0:05	2	0:05	
VP19 - Schönwal	5.95	24:19	4:05	2	1:11	2	1:11	115.82	7:58:59	4:08	2	1:16	2	1:16	
VP20 - Grenzturn	7.60	32:33	4:16	4	1:51	4	1:51	123.42	8:31:32	4:08	2	2:34	2	2:34	
VP21 - Ruderclub	4.78	18:10	3:48	1	-	1	-	128.20	8:49:42	4:07	2	1:04	2	1:04	
VP22 - Frohnau	4.07	18:40	4:35	4	2:09	4	2:09	132.27	9:08:22	4:08	2	3:13	2	3:13	
VP23 - Naturschu	6.61	27:10	4:06	2	0:38	2	0:38	138.88	9:35:32	4:08	2	2:56	2	2:56	
VP24 - Oranienbu	4.98	19:12	3:51	1	-	1	-	143.86	9:54:44	4:08	2	1:06	2	1:06	
VP25 - Laufftreff l	5.34	19:53	3:43	1	-	1	-	149.20	10:14:37	4:07	1	-	1	-	
VP26 - Wilhelmsr	5.72	22:42	3:58	2	1:49	2	1:49	154.92	10:37:19	4:06	2	0:40	2	0:40	
VP27 - Wollankst	3.02	13:02	4:18	3	1:17	3	1:17	157.94	10:50:21	4:07	2	1:05	2	1:05	
Friedrich-Ludwig	3.96	17:28	4:24	4	2:07	4	2:07	161.90	11:07:49	4:07	2	3:12	2	3:12	