



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Schöneberger Inselläufer

□□: Schöneberger Inselläufer

□□: 2015

Enduro Long Men

□□□□:

2er Staffel

□□□: 17:43:39

□□: - km/h

□□□□: 6:34 min/km

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
VP1 - Brandenbu	7.30	41:14	5:38	7	4:41	7	4:41	7.30	41:14	5:38	7	4:41	7	4:41
VP2 - East Side C	6.46	37:01	5:43	7	2:23	7	2:23	13.76	1:18:15	5:41	7	6:28	7	6:28
VP3 - Dammweg	5.90	34:10	5:47	7	3:25	7	3:25	19.66	1:52:25	5:43	8	9:53	8	9:53
VP4 - Johannisth	5.64	33:00	5:51	6	3:24	6	3:24	25.30	2:25:25	5:44	7	13:17	7	13:17
VP5 - U-Bahnhof	5.90	36:53	6:15	7	4:49	7	4:49	31.20	3:02:18	5:50	6	18:06	6	18:06
VP6 - Buckow	4.92	30:43	6:14	5	2:44	5	2:44	36.12	3:33:01	5:53	6	20:50	6	20:50
VP7 - Kirchhainer	6.17	37:08	6:01	3	1:39	3	1:39	42.29	4:10:09	5:54	5	22:29	5	22:29
VP8 - Lichtenradi	4.37	25:30	5:50	3	0:55	3	0:55	46.66	4:35:39	5:54	5	23:15	5	23:15
VP9 - Osdorfer St	5.71	34:45	6:05	5	1:55	5	1:55	52.37	5:10:24	5:55	5	24:58	5	24:58
VP10 - Sportplatz	6.50	44:11	6:47	4	5:55	4	5:55	58.87	5:54:35	6:01	5	28:15	5	28:15
VP11 - Königsw	6.22	44:54	7:13	6	7:42	6	7:42	65.09	6:39:29	6:08	5	26:59	5	26:59
VP12 - Gedenkst	6.85	48:47	7:07	6	4:23	6	4:23	71.94	7:28:16	6:13	5	30:58	5	30:58
VP13 - Brauhaus	6.88	46:46	6:47	2	3:12	2	3:12	78.82	8:15:02	6:16	5	34:10	5	34:10
VP14 - Revierförs	5.70	38:51	6:48	3	0:23	3	0:23	84.52	8:53:53	6:18	4	34:32	4	34:32
VP15 - Schloss S	6.24	39:27	6:19	3	0:49	3	0:49	90.76	9:33:20	6:19	4	35:21	4	35:21
VP16 - Pagel & Fi	7.60	43:48	5:45	5	8:59	5	8:59	98.36	10:17:08	6:16	4	35:00	4	35:00
VP17 - Karolinenl	4.91	28:39	5:50	6	5:30	6	5:30	103.27	10:45:47	6:15	4	36:08	4	36:08
VP18 - Falkensee	6.60	37:23	5:39	4	3:56	4	3:56	109.87	11:23:10	6:13	4	36:22	4	36:22
VP19 - Schönwal	5.95	34:31	5:48	4	5:40	4	5:40	115.82	11:57:41	6:11	5	34:47	5	34:47
VP20 - Grenzturn	7.60	49:21	6:29	9	12:59	9	12:59	123.42	12:47:02	6:12	5	38:07	5	38:07
VP21 - Ruderclub	4.78	34:35	7:14	6	12:05	6	12:05	128.20	13:21:37	6:15	5	46:49	5	46:49
VP22 - Frohnau	4.07	32:19	7:56	11	11:17	11	11:17	132.27	13:53:56	6:18	5	55:12	5	55:12
VP23 - Naturschu	6.61	54:57	8:18	12	16:22	12	16:22	138.88	14:48:53	6:24	6	1:09:07	6	1:09:07
VP24 - Oranienbu	4.98	35:42	7:10	7	8:27	7	8:27	143.86	15:24:35	6:25	6	1:17:34	6	1:17:34
VP25 - Laufftreff l	5.34	41:46	7:49	9	11:37	9	11:37	149.20	16:06:21	6:28	6	1:24:30	6	1:24:30
VP26 - Wilhelmsr	5.72	41:03	7:10	13	9:19	13	9:19	154.92	16:47:24	6:30	6	1:33:49	6	1:33:49
VP27 - Wollankst	3.02	25:51	8:33	6	6:37	6	6:37	157.94	17:13:15	6:32	6	1:33:36	6	1:33:36
Friedrich-Ludwig	3.96	30:24	7:40	12	11:05	12	11:05	-	17:43:39	-	6	1:42:31	6	1:42:31