



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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## Quadricinium gemitus

□□: Quadricinium gemitus

□□: 4009

□□: 161.90 km

100MeilenBerlin - 4er Staffel

□□□□:

4er Staffel

□□□: 18:23:17

□□: 8.76 km/h

□□□□: 6:49 min/km

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□□□□□□: 12:47:10

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
VP1 - Brandenbu	7.30	47:24	6:29	46	18:09	46	18:09	7.30	47:24	6:29	46	18:09	46	18:09
VP2 - East Side C	6.46	44:50	6:56	45	18:03	45	18:03	13.76	1:32:14	6:42	44	36:12	44	36:12
VP3 - Dammweg	5.90	43:15	7:19	49	17:40	49	17:40	19.66	2:15:29	6:53	48	53:52	48	53:52
VP4 - Johannisth	5.64	39:50	7:03	39	15:09	39	15:09	25.30	2:55:19	6:55	43	1:08:27	43	1:08:27
VP5 - U-Bahnhof	5.90	45:55	7:46	47	20:35	47	20:35	31.20	3:41:14	7:05	47	1:29:02	47	1:29:02
VP6 - Buckow	4.92	41:24	8:24	47	19:41	47	19:41	36.12	4:22:38	7:16	47	1:48:28	47	1:48:28
VP7 - Kirchhainer	6.17	58:48	9:31	47	30:18	47	30:18	42.29	5:21:26	7:36	47	2:18:06	47	2:18:06
VP8 - Lichtenradi	4.37	38:27	8:47	44	18:11	44	18:11	46.66	5:59:53	7:42	46	2:36:17	46	2:36:17
VP9 - Osdorfer St	5.71	54:18	9:30	49	27:48	49	27:48	52.37	6:54:11	7:54	47	3:03:25	47	3:03:25
VP10 - Sportplatz	6.50	1:05:33	10:05	48	33:36	48	33:36	58.87	7:59:44	8:08	48	3:37:01	48	3:37:01
VP11 - Königsw	6.22	32:39	5:14	10	6:04	10	6:04	65.09	8:32:23	7:52	45	3:40:38	45	3:40:38
VP12 - Gedenkst	6.85	36:08	5:16	6	5:57	6	5:57	71.94	9:08:31	7:37	43	3:43:44	43	3:43:44
VP13 - Brauhaus	6.88	39:59	5:48	15	9:16	15	9:16	78.82	9:48:30	7:27	42	3:48:48	42	3:48:48
VP14 - Revierförs	5.70	34:12	6:00	9	7:25	9	7:25	84.52	10:22:42	7:22	40	3:51:49	40	3:51:49
VP15 - Schloss S	6.24	34:22	5:30	4	5:54	4	5:54	90.76	10:57:04	7:14	38	3:53:15	38	3:53:15
VP16 - Pagel & Fi	7.60	37:23	4:55	9	5:17	9	5:17	98.36	11:34:27	7:03	36	3:58:32	36	3:58:32
VP17 - Karolinenl	4.91	27:33	5:36	16	6:17	16	6:17	103.27	12:02:00	6:59	34	4:04:49	34	4:04:49
VP18 - Falkensee	6.60	34:45	5:15	6	5:06	6	5:06	109.87	12:36:45	6:53	31	4:09:55	31	4:09:55
VP19 - Schönwal	5.95	31:07	5:13	5	4:17	5	4:17	115.82	13:07:52	6:48	31	4:14:12	31	4:14:12
VP20 - Grenzturn	7.60	50:06	6:35	19	13:17	19	13:17	123.42	13:57:58	6:47	30	4:15:51	30	4:15:51
VP21 - Ruderclub	4.78	33:29	7:00	28	14:15	28	14:15	128.20	14:31:27	6:47	30	4:26:23	30	4:26:23
VP22 - Frohnau	4.07	25:38	6:17	33	8:52	33	8:52	132.27	14:57:05	6:46	29	4:31:22	29	4:31:22
VP23 - Naturschu	6.61	44:25	6:43	34	16:22	34	16:22	138.88	15:41:30	6:46	29	4:41:11	29	4:41:11
VP24 - Oranienbu	4.98	33:37	6:45	31	12:02	31	12:02	143.86	16:15:07	6:46	30	4:49:49	30	4:49:49
VP25 - Laufftreff l	5.34	35:53	6:43	29	35:33	29	35:33	149.20	16:51:00	6:46	30	5:00:34	30	5:00:34
VP26 - Wilhelmsr	5.72	38:04	6:39	29	16:52	29	16:52	154.92	17:29:04	6:46	30	5:13:19	30	5:13:19
VP27 - Wollankst	3.02	28:08	9:18	33	13:45	33	13:45	157.94	17:57:12	6:49	30	5:27:04	30	5:27:04
Friedrich-Ludwig	3.96	26:05	6:35	30	12:44	30	12:44	161.90	18:23:17	6:48	28	5:36:07	28	5:36:07