



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Würger, Johannes

00: Tempo Sport Thalwil

00: 88

00: 161.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 19:23:47

00: 8.30 km/h

0000: 7:11 min/km

00000/0000: 23 (of 319)

00000/0: 19 (of 257)

000000: 15:20:48

00000: 4(of 50)

0000000: 15:44:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	41:29	5:40	7	4:28	26	8:12	7.30	41:29	5:40	7	4:28	26	8:12
VP2 - East Side C	6.46	39:18	6:05	9	6:58	52	9:12	13.76	1:20:47	5:52	7	11:26	41	17:09
VP3 - Dammweg	5.90	35:09	5:57	10	5:06	47	7:34	19.66	1:55:56	5:53	9	16:32	46	23:15
VP4 - Johannisth	5.64	33:36	5:57	9	4:51	46	7:01	25.30	2:29:32	5:54	9	21:23	45	30:16
VP5 - U-Bahnhof	5.90	35:01	5:56	5	4:00	28	6:07	31.20	3:04:33	5:54	9	25:23	41	36:01
VP6 - Buckow	4.92	30:46	6:15	7	4:11	39	6:08	36.12	3:35:19	5:57	9	29:30	41	42:09
VP7 - Kirchhainer	6.17	39:44	6:26	8	5:04	43	8:40	42.29	4:15:03	6:01	9	34:29	43	50:49
VP8 - Lichtenradi	4.37	26:19	6:01	5	2:06	27	4:14	46.66	4:41:22	6:01	6	35:37	35	55:03
VP9 - Osdorfer St	5.71	31:30	5:30	2	0:53	12	1:58	52.37	5:12:52	5:58	5	29:18	29	57:01
VP10 - Sportplatz	6.50	37:37	5:47	2	1:04	7	2:47	58.87	5:50:29	5:57	3	18:58	20	59:48
VP11 - Königsw	6.22	1:00:34	9:44	37	22:03	172	26:24	65.09	6:51:03	6:18	6	40:53	31	1:18:50
VP12 - Gedenkst	6.85	47:02	6:51	6	8:39	22	8:39	71.94	7:38:05	6:22	6	49:32	26	1:23:20
VP13 - Brauhaus	6.88	46:45	6:47	4	8:05	17	8:05	78.82	8:24:50	6:24	5	57:37	25	1:26:25
VP14 - Revierförs	5.70	40:51	7:10	2	8:47	15	8:47	84.52	9:05:41	6:27	5	1:06:24	23	1:32:56
VP15 - Schloss S	6.24	1:04:13	10:17	16	25:41	85	27:42	90.76	10:09:54	6:43	6	1:32:05	26	1:57:55
VP16 - Pagel & Fi	7.60	1:00:43	7:59	10	17:00	33	17:00	98.36	11:10:37	6:49	6	1:49:05	26	2:10:25
VP17 - Karolinenl	4.91	34:32	7:01	4	6:05	15	6:05	103.27	11:45:09	6:49	5	1:55:10	25	2:13:34
VP18 - Falkensee	6.60	44:23	6:43	2	6:01	12	6:01	109.87	12:29:32	6:49	5	2:01:11	24	2:18:37
VP19 - Schönwal	5.95	47:38	8:00	6	12:00	31	12:22	115.82	13:17:10	6:52	5	2:13:11	25	2:30:59
VP20 - Grenzturn	7.60	55:13	7:15	4	9:58	12	12:02	123.42	14:12:23	6:54	4	2:23:09	22	2:43:01
VP21 - Ruderclub	4.78	48:58	10:14	12	18:32	62	21:43	128.20	15:01:21	7:01	6	2:41:41	25	3:04:44
VP22 - Frohnau	4.07	31:20	7:41	3	6:51	16	6:51	132.27	15:32:41	7:03	5	2:48:32	24	3:11:29
VP23 - Naturschu	6.61	49:28	7:29	3	9:49	14	9:49	138.88	16:22:09	7:04	4	2:58:21	21	3:19:51
VP24 - Oranienbu	4.98	39:53	8:00	4	8:06	15	10:07	143.86	17:02:02	7:06	4	3:06:27	20	3:29:03
VP25 - Laufftreff l	5.34	46:09	8:38	7	14:17	34	16:12	149.20	17:48:11	7:09	3	3:20:44	19	3:42:22
VP26 - Wilhelmsr	5.72	43:16	7:33	7	7:50	32	11:08	154.92	18:31:27	7:10	4	3:28:34	19	3:53:00
VP27 - Wollankst	3.02	25:47	8:32	6	6:34	33	16:12	157.94	18:57:14	7:12	4	3:35:08	20	11:26:05
Friedrich-Ludwig	3.96	26:33	6:42	6	4:39	28	6:08	161.90	19:23:47	7:11	4	3:39:47	19	4:02:59