



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Die Ossis haben Ausgang

□□: Die Ossis haben Ausgang

□□: 4032

□□: 161.90 km

100MeilenBerlin - 4er Staffel

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4er Staffel

□□□: 18:26:59

□□: 8.73 km/h

□□□□: 6:50 min/km

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VP1 - Brandenbu	7.30	41:00	5:36	24	11:45	24	11:45	7.30	41:00	5:36	24	11:45	24	11:45	
VP2 - East Side G	6.46	37:35	5:49	23	10:48	23	10:48	13.76	1:18:35	5:42	23	22:33	23	22:33	
VP3 - Dammweg	5.90	35:36	6:02	24	10:01	24	10:01	19.66	1:54:11	5:48	23	32:34	23	32:34	
VP4 - Johannisth	5.64	37:23	6:37	33	12:42	33	12:42	25.30	2:31:34	5:59	26	44:42	26	44:42	
VP5 - U-Bahnhof	5.90	40:15	6:49	32	14:55	32	14:55	31.20	3:11:49	6:08	25	59:37	25	59:37	
VP6 - Buckow	4.92	35:31	7:13	31	13:48	31	13:48	36.12	3:47:20	6:17	27	1:13:10	27	1:13:10	
VP7 - Kirchhainer	6.17	51:39	8:22	42	23:09	42	23:09	42.29	4:38:59	6:35	30	1:35:39	30	1:35:39	
VP8 - Lichtenradi	4.37	29:07	6:39	22	8:51	22	8:51	46.66	5:08:06	6:36	28	1:44:30	28	1:44:30	
VP9 - Osdorfer St	5.71	42:05	7:22	32	15:35	32	15:35	52.37	5:50:11	6:41	29	1:59:25	29	1:59:25	
VP10 - Sportplatz	6.50	55:47	8:34	38	23:50	38	23:50	58.87	6:45:58	6:53	31	2:23:15	31	2:23:15	
VP11 - Königsw	6.22	34:05	5:28	16	7:30	16	7:30	65.09	7:20:03	6:45	29	2:28:18	29	2:28:18	
VP12 - Gedenkst	6.85	42:01	6:08	27	11:50	27	11:50	71.94	8:02:04	6:42	28	2:37:17	28	2:37:17	
VP13 - Brauhaus	6.88	47:12	6:51	31	16:29	31	16:29	78.82	8:49:16	6:42	29	2:49:34	29	2:49:34	
VP14 - Revierförs	5.70	45:53	8:02	37	19:06	37	19:06	84.52	9:35:09	6:48	28	3:04:16	28	3:04:16	
VP15 - Schloss S	6.24	35:01	5:36	6	6:33	6	6:33	90.76	10:10:10	6:43	26	3:06:21	26	3:06:21	
VP16 - Pagel & Fi	7.60	36:57	4:51	7	4:51	7	4:51	98.36	10:47:07	6:34	25	3:11:12	25	3:11:12	
VP17 - Karolinenl	4.91	49:09	10:00	48	27:53	48	27:53	103.27	11:36:16	6:44	27	3:39:05	27	3:39:05	
VP18 - Falkensee	6.60	39:05	5:55	17	9:26	17	9:26	109.87	12:15:21	6:41	27	3:48:31	27	3:48:31	
VP19 - Schönwal	5.95	44:15	7:26	35	17:25	35	17:25	115.82	12:59:36	6:43	28	4:05:56	28	4:05:56	
VP20 - Grenzturn	7.60	52:08	6:51	24	15:19	24	15:19	123.42	13:51:44	6:44	28	4:09:37	28	4:09:37	
VP21 - Ruderclub	4.78	32:58	6:53	26	13:44	26	13:44	128.20	14:24:42	6:44	28	4:19:38	28	4:19:38	
VP22 - Frohnau	4.07	27:19	6:42	37	10:33	37	10:33	132.27	14:52:01	6:44	28	4:26:18	28	4:26:18	
VP23 - Naturschu	6.61	44:25	6:43	34	16:22	34	16:22	138.88	15:36:26	6:44	28	4:36:07	28	4:36:07	
VP24 - Oranienbu	4.98	34:17	6:53	33	12:42	33	12:42	143.86	16:10:43	6:44	28	4:45:25	28	4:45:25	
VP25 - Laufftreff l	5.34	38:00	7:06	33	37:40	33	37:40	149.20	16:48:43	6:45	29	4:58:17	29	4:58:17	
VP26 - Wilhelmsr	5.72	39:33	6:54	32	18:21	32	18:21	154.92	17:28:16	6:45	29	5:12:31	29	5:12:31	
VP27 - Wollankst	3.02	25:15	8:21	26	10:52	26	10:52	157.94	17:53:31	6:47	28	5:23:23	28	5:23:23	
Friedrich-Ludwig	3.96	33:28	8:27	39	20:07	39	20:07	161.90	18:26:59	6:50	29	5:39:49	29	5:39:49	