



# 4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

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## Grundschule Am Wiesenhügel - Team 4: 44:20

□□: Grundschule Am Wiesenhügel - Team 4

□□: 8.12 km/h

□□: 17

□□□□: 7:23 min/km

□□: 6.00 km

Staffel 5 x 1,2 km

□□□□□: 35 (of 37)

□□□□□□: 25:45

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□□□□□: 35(of 37)

Staffel

□□□□□□: 25:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechsel	1.20	7:17	6:04	23	3:10	23	3:10	1.20	7:17	6:04	23	3:10	23	3:10
Wechsel	1.20	9:41	8:04	34	4:43	34	4:43	2.40	16:58	7:04	33	7:01	33	7:01
Wechsel	1.20	10:26	8:41	36	5:25	36	5:25	3.60	27:24	7:36	36	11:48	36	11:48
Wechsel	1.20	8:53	7:24	34	3:46	34	3:46	4.80	36:17	7:33	35	15:12	35	15:12
□□	1.20	8:03	6:42	33	3:23	33	3:23	6.00	44:20	7:23	35	18:35	35	18:35