



Röder, Janne

 $\square\square$: Harz-Gebirgslauf Wernigerode

[]: 905

□□: 1.80 km
1,8 km - Lauf

weibliche Kinder U12 (10-11 Jahre)

□□□: 7:46

□□: 7.73 km/h

□□□□: 4:19 min/km

_____: 33 (of 142)

____/_: 10 (of 63)

[][][]: 6:48

□□□□: 3(of 9)

_____**7:17**

| | km | | min/km | - | - | | | km | | min/km | - | - | | |
|-----------------|------|------|--------|---|------|----|------|------|------|--------|---|------|----|------|
| Blochhauer | 0.90 | 4:07 | 4:34 | 4 | 0:17 | 12 | 0:31 | 0.90 | 4:07 | 4:34 | 4 | 0:17 | 12 | 0:31 |
| llsenburg/Markt | 0.90 | 3:39 | 4:03 | 3 | 0:13 | 10 | 0:27 | 1.80 | 7:46 | 4:18 | 3 | 0:29 | 10 | 0:58 |