



# 46. Brockenlauf

Ilseburg / 03.09.2016

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**Meima, Jeannet**

□□: Trailrunning Harz  
 □□: 466

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:38:44

□□: 9.83 km/h  
 □□□□: 6:04 min/km

□□□□□/□□□: 230 (of 529)

□□□□□/□: 17 (of 82)

□□□□□□: 2:09:50

□□□□□: 3(of 16)

□□□□□□□: 2:27:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:41	5:39	3	0:48	9	3:23	3.30	18:41	5:39	3	0:48	9	3:23
Schlüsie	3.10	21:12	6:50	3	0:17	11	3:05	6.40	39:53	6:13	3	1:00	9	6:21
Hermannsklippe	2.60	18:21	7:03	4	1:04	16	2:38	9.00	58:14	6:28	3	1:38	12	8:59
Brocken	3.10	30:23	9:48	4	3:07	16	4:56	12.10	1:28:37	7:19	3	4:45	14	13:55
Eiserner Handwe	3.60	19:10	5:19	5	2:32	25	5:08	15.70	1:47:47	6:51	3	6:42	14	17:31
Schlüsie	4.10	17:53	4:21	4	2:07	19	4:36	19.80	2:05:40	6:20	3	7:34	13	21:13
Loddenke	3.10	15:29	4:59	5	1:57	32	3:45	22.90	2:21:09	6:09	3	9:25	15	24:58
Ilseburg/Markt	3.30	17:35	5:19	7	2:14	40	3:56	26.20	2:38:44	6:03	3	11:14	17	28:54