



# 46. Brockenlauf

Ilseburg / 03.09.2016

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**Krause, Ute**

□□: Laufgruppe Stecklenberg  
 □□: 371

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:45:17

□□: 9.44 km/h  
 □□□□: 6:19 min/km

□□□□□/□□□: 288 (of 529)

□□□□□/□: 27 (of 82)

□□□□□□: 2:09:50

□□□□□: 7(of 17)

□□□□□□□: 2:15:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:14	6:07	9	3:03	33	4:56	3.30	20:14	6:07	9	3:03	33	4:56
Schlüsie	3.10	23:00	7:25	7	3:44	25	4:53	6.40	43:14	6:45	7	6:47	27	9:42
Hermannsklippe	2.60	19:43	7:34	7	3:19	29	4:00	9.00	1:02:57	6:59	7	10:06	27	13:42
Brocken	3.10	32:00	10:19	6	6:10	23	6:33	12.10	1:34:57	7:50	7	16:16	25	20:15
Eiserner Handwe	3.60	18:54	5:14	7	3:48	22	4:52	15.70	1:53:51	7:15	7	20:04	26	23:35
Schlüsie	4.10	18:27	4:30	6	3:40	27	5:10	19.80	2:12:18	6:40	7	23:44	26	27:51
Loddenke	3.10	15:26	4:58	8	2:58	30	3:42	22.90	2:27:44	6:27	7	26:42	26	31:33
Ilseburg/Markt	3.30	17:33	5:19	9	3:13	38	3:54	26.20	2:45:17	6:18	7	29:55	27	35:27