



46. Brockenlauf

Ilseburg / 03.09.2016

□□□□

Pikarski, Jessica

□□: Team Kyffhäuser

□□: 182

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 2:50:53

□□: 9.13 km/h

□□□□: 6:31 min/km

□□□□□/□□□: 329 (of 529)

□□□□□/□: 34 (of 82)

□□□□□□: 2:09:50

□□□□□: 6(of 8)

□□□□□□□: 2:17:59

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:18	6:09	6	3:25	35	5:00	3.30	20:18	6:09	6	3:25	35	5:00
Schlüsie	3.10	24:47	7:59	6	5:56	49	6:40	6.40	45:05	7:02	6	9:21	40	11:33
Hermannsklippe	2.60	20:59	8:04	6	5:01	40	5:16	9.00	1:06:04	7:20	6	14:22	43	16:49
Brocken	3.10	32:41	10:32	6	5:34	29	7:14	12.10	1:38:45	8:09	6	19:56	39	24:03
Eiserner Handwe	3.60	20:55	5:48	6	5:47	47	6:53	15.70	1:59:40	7:37	6	25:43	40	29:24
Schlüsie	4.10	20:42	5:02	6	5:39	48	7:25	19.80	2:20:22	7:05	6	31:22	42	35:55
Loddenke	3.10	15:01	4:50	5	1:42	22	3:17	22.90	2:35:23	6:47	6	33:04	39	39:12
Ilseburg/Markt	3.30	15:30	4:41	2	0:01	8	1:51	26.20	2:50:53	6:31	6	32:54	34	41:03