



46. Brockenlauf

Ilseburg / 03.09.2016

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Baschin, Andrea

□□: ULV Wolfsburg

□□: 79

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 2:51:32

□□: 9.09 km/h

□□□□: 6:33 min/km

□□□□□/□□□: 333 (of 529)

□□□□□/□: 36 (of 82)

□□□□□□: 2:09:50

□□□□□: 2(of 7)

□□□□□□□: 2:49:30

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:52	6:19	3	0:24	45	5:34	3.30	20:52	6:19	3	0:24	45	5:34
Schlüsie	3.10	24:05	7:46	1	-	31	5:58	6.40	44:57	7:01	2	0:18	38	11:25
Hermannsklippe	2.60	19:56	7:39	2	0:44	32	4:13	9.00	1:04:53	7:12	2	0:38	33	15:38
Brocken	3.10	32:52	10:36	3	0:28	32	7:25	12.10	1:37:45	8:04	2	0:46	32	23:03
Eiserner Handwe	3.60	20:55	5:48	4	1:36	47	6:53	15.70	1:58:40	7:33	2	0:25	36	28:24
Schlüsie	4.10	21:11	5:10	3	2:46	50	7:54	19.80	2:19:51	7:03	3	3:11	39	35:24
Loddenke	3.10	15:15	4:55	1	-	25	3:31	22.90	2:35:06	6:46	3	2:49	38	38:55
Ilseburg/Markt	3.30	16:26	4:58	1	-	20	2:47	26.20	2:51:32	6:32	2	2:02	36	41:42