



# 46. Brockenlauf

Ilsenburg / 03.09.2016

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Schmidt, Lothar

□□: Ilsenburg

□□: 425

Enduro Long Men

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 2:55:36

□□: - km/h

□□□□: 6:42 min/km

□□□□□/□□□: 370 (of 529)

□□□□□/□: 327 (of 447)

□□□□□□: 1:39:39

□□□□□: 38(of 58)

□□□□□□□: 2:02:30

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:57	6:02	29	4:52	270	10:20	3.30	19:57	6:02	29	4:52	270	10:20	
Schlüsie	3.10	24:42	7:58	43	7:52	354	10:52	6.40	44:39	6:58	37	12:44	311	18:35	
Hermannsklippe	2.60	22:32	8:40	48	8:21	390	10:51	9.00	1:07:11	7:27	45	21:05	349	29:21	
Brocken	3.10	34:42	11:11	43	11:58	353	16:27	12.10	1:41:53	8:25	45	33:03	357	45:48	
Eiserner Handwe	3.60	20:03	5:34	32	5:12	290	7:33	15.70	2:01:56	7:45	43	38:15	349	53:21	
Schlüsie	4.10	20:16	4:56	36	6:04	315	7:52	19.80	2:22:12	7:10	42	44:19	344	1:01:11	
Loddenke	3.10	15:19	4:56	29	3:46	248	4:59	22.90	2:37:31	6:52	39	48:05	328	1:06:10	
Ilsenburg/Markt	3.30	18:05	5:28	38	5:01	306	9:47	-	2:55:36	-	38	53:06	327	1:15:57	