



46. Brockenlauf

Ilseburg / 03.09.2016

□□□□

Stoisiek, Frank

□□: Aschersleben

□□: 205

Enduro Long Men

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 2:55:55

□□: - km/h

□□□□: 6:43 min/km

□□□□□/□□□: 372 (of 529)

□□□□□/□: 328 (of 447)

□□□□□□: 1:39:39

□□□□□: 39(of 58)

□□□□□□□: 2:02:30

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 20:12 | 6:07 | 34 | 5:07 | 281 | 10:35 | 3.30 | 20:12 | 6:07 | 34 | 5:07 | 281 | 10:35 | |
| Schlüsie | 3.10 | 24:42 | 7:58 | 43 | 7:52 | 354 | 10:52 | 6.40 | 44:54 | 7:00 | 39 | 12:59 | 321 | 18:50 | |
| Hermannsklippe | 2.60 | 20:35 | 7:54 | 39 | 6:24 | 335 | 8:54 | 9.00 | 1:05:29 | 7:16 | 40 | 19:23 | 325 | 27:39 | |
| Brocken | 3.10 | 34:17 | 11:03 | 41 | 11:33 | 342 | 16:02 | 12.10 | 1:39:46 | 8:14 | 40 | 30:56 | 333 | 43:41 | |
| Eiserner Handwe | 3.60 | 19:35 | 5:26 | 27 | 4:44 | 259 | 7:05 | 15.70 | 1:59:21 | 7:36 | 38 | 35:40 | 321 | 50:46 | |
| Schlüsie | 4.10 | 20:13 | 4:55 | 35 | 6:01 | 313 | 7:49 | 19.80 | 2:19:34 | 7:02 | 37 | 41:41 | 322 | 58:33 | |
| Loddenke | 3.10 | 16:59 | 5:28 | 43 | 5:26 | 343 | 6:39 | 22.90 | 2:36:33 | 6:50 | 38 | 47:07 | 321 | 1:05:12 | |
| Ilseburg/Markt | 3.30 | 19:22 | 5:52 | 43 | 6:18 | 347 | 11:04 | - | 2:55:55 | - | 39 | 53:25 | 328 | 1:16:16 | |