



46. Brockenlauf

Ilseburg / 03.09.2016

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Baier, Johanna

□□: Hannover
 □□: 204

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 3:05:23

□□: 8.41 km/h
 □□□□: 7:05 min/km

□□□□□/□□□: 418 (of 529)

□□□□□/□: 54 (of 82)

□□□□□□: 2:09:50

□□□□□: 7(of 8)

□□□□□□□: 2:17:59

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:32	6:49	8	5:39	64	7:14	3.30	22:32	6:49	8	5:39	64	7:14
Schlüsie	3.10	25:38	8:16	7	6:47	52	7:31	6.40	48:10	7:31	8	12:26	56	14:38
Hermannsklippe	2.60	21:47	8:22	7	5:49	51	6:04	9.00	1:09:57	7:46	7	18:15	52	20:42
Brocken	3.10	35:25	11:25	7	8:18	50	9:58	12.10	1:45:22	8:42	7	26:33	52	30:40
Eiserner Handwe	3.60	24:40	6:51	8	9:32	67	10:38	15.70	2:10:02	8:16	7	36:05	56	39:46
Schlüsie	4.10	22:14	5:25	7	7:11	58	8:57	19.80	2:32:16	7:41	7	43:16	57	47:49
Loddenke	3.10	16:35	5:20	7	3:16	51	4:51	22.90	2:48:51	7:22	7	46:32	57	52:40
Ilseburg/Markt	3.30	16:32	5:00	6	1:03	23	2:53	26.20	3:05:23	7:04	7	47:24	54	55:33