



46. Brockenlauf

Ilseburg / 03.09.2016

□□□□

Klee, Johanna

□□: Braunschweig
 □□: 147

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W30 (30-34 Jahre)

□□□: 3:08:09

□□: 8.29 km/h
 □□□□: 7:11 min/km

□□□□□/□□□: 435 (of 529)

□□□□□/□: 57 (of 82)

□□□□□□: 2:09:50

□□□□□: 4(of 5)

□□□□□□□: 2:16:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:08	6:24	3	4:31	46	5:50	3.30	21:08	6:24	3	4:31	46	5:50
Schlüsie	3.10	24:54	8:01	4	5:29	50	6:47	6.40	46:02	7:11	4	10:00	48	12:30
Hermannsklippe	2.60	21:32	8:16	4	5:03	49	5:49	9.00	1:07:34	7:30	4	15:03	50	18:19
Brocken	3.10	35:04	11:18	4	7:52	44	9:37	12.10	1:42:38	8:28	4	22:29	48	27:56
Eiserner Handwe	3.60	23:27	6:30	5	7:50	60	9:25	15.70	2:06:05	8:01	4	30:19	49	35:49
Schlüsie	4.10	22:26	5:28	4	8:03	63	9:09	19.80	2:28:31	7:30	4	38:22	52	44:04
Loddenke	3.10	18:57	6:06	4	6:47	69	7:13	22.90	2:47:28	7:18	4	45:09	54	51:17
Ilseburg/Markt	3.30	20:41	6:16	5	6:43	65	7:02	26.20	3:08:09	7:10	4	51:52	57	58:19