



46. Brockenlauf

Ilseburg / 03.09.2016

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Faidt, Marion

□□: Blau-Weiß-Hettstedt
 □□: 456

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 3:11:32

□□: 8.14 km/h
 □□□□: 7:19 min/km

□□□□□/□□□□: 450 (of 529)

□□□□□/□: 60 (of 82)

□□□□□□: 2:09:50

□□□□□: 5(of 7)

□□□□□□□: 2:49:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:43	6:53	7	2:15	66	7:25	3.30	22:43	6:53	7	2:15	66	7:25
Schlüsie	3.10	26:01	8:23	5	1:56	56	7:54	6.40	48:44	7:36	5	4:05	60	15:12
Hermannsklippe	2.60	23:08	8:53	5	3:56	58	7:25	9.00	1:11:52	7:59	5	7:37	60	22:37
Brocken	3.10	36:57	11:55	5	4:33	57	11:30	12.10	1:48:49	8:59	5	11:50	58	34:07
Eiserner Handwe	3.60	24:14	6:43	6	4:55	66	10:12	15.70	2:13:03	8:28	5	14:48	61	42:47
Schlüsie	4.10	22:18	5:26	6	3:53	60	9:01	19.80	2:35:21	7:50	5	18:41	60	50:54
Loddenke	3.10	17:18	5:34	4	2:03	57	5:34	22.90	2:52:39	7:32	5	20:22	60	56:28
Ilseburg/Markt	3.30	18:53	5:43	4	2:27	55	5:14	26.20	3:11:32	7:18	5	22:02	60	1:01:42