



46. Brockenlauf

Ilseburg / 03.09.2016

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Aegerter, Christian

□□: Leipzig

□□: 449

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 3:19:27

□□: 7.82 km/h

□□□□: 7:37 min/km

□□□□□/□□□: 473 (of 529)

□□□□□/□: 408 (of 447)

□□□□□□: 1:39:39

□□□□□: 49(of 58)

□□□□□□□: 2:02:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:19	7:22	52	9:14	426	14:42	3.30	24:19	7:22	52	9:14	426	14:42
Schlüsie	3.10	26:50	8:39	49	10:00	411	13:00	6.40	51:09	7:59	50	19:14	419	25:05
Hermannsklippe	2.60	21:59	8:27	47	7:48	378	10:18	9.00	1:13:08	8:07	49	27:02	407	35:18
Brocken	3.10	36:21	11:43	48	13:37	380	18:06	12.10	1:49:29	9:02	49	40:39	399	53:24
Eiserner Handwe	3.60	25:26	7:03	49	10:35	417	12:56	15.70	2:14:55	8:35	49	51:14	410	1:06:20
Schlüsie	4.10	23:55	5:50	47	9:43	403	11:31	19.80	2:38:50	8:01	48	1:00:57	410	1:17:49
Loddenke	3.10	19:17	6:13	48	7:44	393	8:57	22.90	2:58:07	7:46	49	1:08:41	406	1:26:46
Ilseburg/Markt	3.30	21:20	6:27	47	8:16	390	13:02	26.20	3:19:27	7:36	49	1:16:57	408	1:39:48