



46. Brockenlauf

Ilseburg / 03.09.2016

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Jüttner, Gerhild

□□: Quedlinburg

□□: 266

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W75 (75 und älter)

□□□: 3:21:15

□□: 7.75 km/h

□□□□: 7:41 min/km

□□□□□/□□□: 478 (of 529)

□□□□□/□: 68 (of 82)

□□□□□□: 2:09:50

□□□□□: 1(of 1)

□□□□□□□: 3:21:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	25:00	7:34	1	-	76	9:42	3.30	25:00	7:34	1	-	76	9:42	
Schlüsie	3.10	28:01	9:02	1	-	73	9:54	6.40	53:01	8:17	1	-	76	19:29	
Hermannsklippe	2.60	23:50	9:09	1	-	66	8:07	9.00	1:16:51	8:32	1	-	74	27:36	
Brocken	3.10	37:26	12:04	1	-	62	11:59	12.10	1:54:17	9:26	1	-	68	39:35	
Eiserner Handwe	3.60	23:35	6:33	1	-	62	9:33	15.70	2:17:52	8:46	1	-	67	47:36	
Schlüsie	4.10	23:50	5:48	1	-	68	10:33	19.80	2:41:42	8:10	1	-	68	57:15	
Loddenke	3.10	18:50	6:04	1	-	67	7:06	22.90	3:00:32	7:53	1	-	68	1:04:21	
Ilseburg/Markt	3.30	20:43	6:16	1	-	66	7:04	26.20	3:21:15	7:40	1	-	68	1:11:25	