



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon Bodenfelde / 08.05.2016

Carboo4U

Rümenap, Kirsten

Time: 1:47:04

Team: PEDO Schweißtechnik Running Team / RSC Göttingen

Age: 118

Distance: 37.30 km

Participants: 33 (of 55)

Carboo4U Weser Hammer Duathlon Bodenfelde

Participants: 3 (of 9)

Time: 1:41:25

Age Group:

Participants: 1 (of 1)

AK 4 TW Jg. 35

Time: 1:47:04

Carboo4U

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Carboo4U	km	Time	min/km	-	-	Carboo4U	Time	km	Time	min/km	-	-	Carboo4U	Time
Laufzeit 1	4.65	22:59	4:56	1	-	3	3:00	4.65	22:59	4:56	1	-	3	3:00
Radzeit	28.00	1:03:56	2:16	1	-	2	2:56	32.65	1:26:55	2:39	1	-	3	3:57
Laufzeit 2	4.65	20:09	4:19	1	-	3	2:39	37.30	1:47:04	2:52	1	-	3	5:39