



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon  
 Bodenfelde / 08.05.2016

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Loße, Henning

000: 1:59:37

00: BierstadtRunner

00: 91

00: 37.30 km

00000/000: 47 (of 55)

Carboo4U Weser Hammer Duathlon Bodenfelde

00000/0: 42 (of 46)

000000: 1:18:23

0000:

00000: 5(of 5)

Senioren 1 TM Jg. 40

0000000: 1:18:23

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| 000        | 00    | 00      | 00     | 00 | 00    | 00 | 00    | 000   | 000     | 000    | 00 | 00    | 00 | 00    |
|------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
|            | km    | 00      | min/km | -  | -     | 0  | 0     | km    | 00      | min/km | -  | -     | 0  | 0     |
| Laufzeit 1 | 4.65  | 22:58   | 4:56   | 5  | 6:24  | 33 | 6:24  | 4.65  | 22:58   | 4:56   | 5  | 6:24  | 33 | 6:24  |
| Radzeit    | 28.00 | 1:12:26 | 2:35   | 4  | 25:08 | 41 | 25:31 | 32.65 | 1:35:24 | 2:55   | 4  | 31:32 | 41 | 31:32 |
| Laufzeit 2 | 4.65  | 24:13   | 5:12   | 4  | 9:42  | 42 | 9:42  | 37.30 | 1:59:37 | 3:12   | 5  | 41:14 | 42 | 41:14 |