



# 3. Erfurter Marathon

Erfurt / 27.08.2016

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The Champions

□□: 28

□□: 42.20 km

Erfurt Marathon 4er Staffel

□□□□:

4er Mixstaffel

□□□: 4:29:35

□□: 9.35 km/h

□□□□: 6:23 min/km

□□□□□: 22 (of 29)

□□□□□□: 3:20:13

□□□□□: 6(of 10)

□□□□□□□: 3:37:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechselstelle 1	9.68	1:01:06	6:18	6	13:31	22	17:02	9.68	1:01:06	6:18	6	13:31	22	17:02
Wechselstelle 2	11.14	1:21:39	7:19	8	25:39	24	25:42	20.82	2:22:45	6:51	7	29:29	26	39:09
Wechselstelle 3	9.31	1:03:08	6:46	8	16:25	21	18:55	30.13	3:25:53	6:49	7	45:54	25	55:31
Erfurt	12.10	1:03:42	5:15	3	17:35	12	17:35	42.20	4:29:35	6:23	6	52:03	22	1:09:22