



# 3. Erfurter Marathon

Erfurt / 27.08.2016

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Runtastic Four

□□□: 4:52:33

□□: 8

□□: 8.65 km/h

□□□□: 6:56 min/km

□□: 42.20 km

Erfurt Marathon 4er Staffel

□□□□□: 26 (of 29)

□□□□□□: 3:20:13

□□□□:

□□□□□: 16(of 16)

4er Männerstaffel

□□□□□□□: 3:20:13

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechselstelle 1	9.68	55:57	5:46	14	11:53	18	11:53	9.68	55:57	5:46	14	11:53	18	11:53
Wechselstelle 2	11.14	1:25:52	7:42	16	29:55	26	29:55	20.82	2:21:49	6:48	16	38:13	23	38:13
Wechselstelle 3	9.31	1:13:28	7:53	16	29:15	27	29:15	30.13	3:35:17	7:08	16	1:04:55	26	1:04:55
Erfurt	12.10	1:17:16	6:23	15	27:25	24	31:09	42.20	4:52:33	6:55	16	1:32:20	26	1:32:20