



3. Erfurter Marathon

Erfurt / 27.08.2016

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Wiedener, Rebekka

□□: Bad Harzburg

□□: 63

□□: 42.20 km

Marathon Einrad

□□□□:

Frauen

□□□: 2:46:33

□□: 15.20 km/h

□□□□: 3:57 min/km

□□□□□/□□□: 5 (of 28)

□□□□□/□: 1 (of 13)

□□□□□□: 2:46:33

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| nördlichster Punkt | 4.59 | 15:33 | 3:23 | 1 | - | 1 | - | 4.59 | 15:33 | 3:23 | 1 | - | 1 | - |
| Wechselstelle 1 | 5.09 | 22:54 | 4:29 | 8 | 6:14 | 8 | 6:14 | 9.68 | 38:27 | 3:58 | 7 | 6:05 | 7 | 6:05 |
| Wechselstelle 2 | 11.40 | 42:32 | 3:43 | 1 | - | 1 | - | 21.08 | 1:20:59 | 3:50 | 4 | 1:59 | 4 | 1:59 |
| südlichster Punkt | 5.28 | 22:28 | 4:15 | 1 | - | 1 | - | 26.36 | 1:43:27 | 3:55 | 1 | - | 1 | - |
| Wechselstelle 3 | 3.99 | 16:42 | 4:11 | 1 | - | 1 | - | 30.35 | 2:00:09 | 3:57 | 1 | - | 1 | - |
| Nordpark Erfurt | 12.20 | 46:24 | 3:48 | 4 | 4:19 | 4 | 4:19 | 42.20 | 2:46:33 | 3:56 | 1 | - | 1 | - |