



Helbing King of Cross
Mühlberg / 30.10.2016

□□□□

Grosser, Ulrike

□□: Train hard with a Smile

□□: 352

□□: 9.60 km

Sprint

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 1:07:44

□□: 7.97 km/h

□□□□: 7:04 min/km

□□□□□/□□□: 173 (of 550)

□□□□□/□: 19 (of 174)

□□□□□□: 53:53

□□□□□: 3(of 8)

□□□□□□□: 53:53