



Helbing King of Cross
Mühlberg / 30.10.2016

□□□□

Schneider, Heiko

□□: Train hard with a Smile

□□: 1345

□□: 17.60 km

Expert

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 2:05:22

□□: 8.14 km/h

□□□□: 7:07 min/km

□□□□□/□□□: 247 (of 528)

□□□□□/□: 228 (of 449)

□□□□□□: 1:17:47

□□□□□: 23(of 48)

□□□□□□□: 1:32:16