



Helbing King of Cross
Mühlberg / 30.10.2016

□□□□

Langbein, Rüdiger

□□: Cool Runnings

□□: 1437

□□: 17.60 km

Expert

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 2:06:48

□□: 8.04 km/h

□□□□: 7:12 min/km

□□□□□/□□□: 262 (of 528)

□□□□□/□: 243 (of 449)

□□□□□□: 1:17:47

□□□□□: 28(of 48)

□□□□□□□: 1:32:16