



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Miller, Jana

00: Maisach

00: 120

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W45 (45-49 Jahre)

000: 1:01:35

00: 9.50 km/h

0000: 6:19 min/km

00000/000: 141 (of 181)

00000/0: 39 (of 59)

000000: 39:58

00000: 8(of 9)

0000000: 47:15

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:31	6:18	8	5:08	43	7:18	3.25	20:31	6:18	8	5:08	43	7:18
00 2	3.25	20:44	6:22	8	4:58	40	7:23	6.50	41:15	6:20	8	10:06	39	14:41
000 00	3.25	20:20	6:15	7	4:22	39	6:56	9.75	1:01:35	6:18	8	14:20	39	21:37