



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Dohmann, Michelle

00: Koblenz

00: 317

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W30 (30-34 Jahre)

000: 1:53:01

00: 11.68 km/h

0000: 4:58 min/km

00000/000: 39 (of 159)

00000/0: 4 (of 37)

000000: 1:42:13

00000: 2(of 9)

0000000: 1:45:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:19	4:42	2	1:03	5	2:02	3.25	15:19	4:42	2	1:03	5	2:02
00 2	3.25	16:08	4:57	2	1:06	5	2:04	6.50	31:27	4:50	2	2:09	5	4:06
00 3	3.25	16:21	5:01	2	1:08	5	1:56	9.75	47:48	4:54	2	3:17	5	6:02
00 4	3.25	16:33	5:05	2	1:08	5	1:46	13.00	1:04:21	4:56	2	4:25	5	7:48
00 5	3.25	16:24	5:02	2	0:56	4	1:27	16.25	1:20:45	4:58	2	5:21	5	9:15
00 6	3.25	16:53	5:11	2	1:33	5	1:34	19.50	1:37:38	5:00	2	6:54	4	10:49
000 00	3.25	15:23	4:44	2	0:21	2	0:21	22.75	1:53:01	4:58	2	7:15	4	10:48