



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Hartmann, Sven

00: Höllenhunde

00: 333

00: 22.75 km

Halbmarathon

0000:

Senioren M35 (35-39 Jahre)

000: 2:08:00

00: 10.31 km/h

0000: 5:38 min/km

00000/000: 77 (of 159)

00000/0: 64 (of 122)

000000: 1:28:31

00000: 10(of 19)

0000000: 1:38:41

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:25	5:40	13	5:17	92	6:40	3.25	18:25	5:40	13	5:17	92	6:40
00 2	3.25	18:14	5:36	13	4:24	82	5:52	6.50	36:39	5:38	13	9:41	88	12:27
00 3	3.25	18:02	5:32	12	4:04	67	5:31	9.75	54:41	5:36	13	13:45	83	17:58
00 4	3.25	17:55	5:30	10	3:45	63	5:13	13.00	1:12:36	5:35	12	17:30	74	22:54
00 5	3.25	18:26	5:40	10	4:11	67	5:30	16.25	1:31:02	5:36	11	21:39	72	28:23
00 6	3.25	18:41	5:44	10	4:22	64	5:46	19.50	1:49:43	5:37	10	25:26	68	33:54
000 00	3.25	18:17	5:37	9	4:06	62	5:40	22.75	2:08:00	5:37	10	29:19	64	39:29