



10. Kristall-Marathon

Merkers / 14.02.2016

□□□□

Schmidtman, Volker

□□: Sportshop-Triathlon Team

□□: 415

□□: 22.75 km

Halbmarathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:42:43

□□: 8.11 km/h

□□□□: 7:09 min/km

□□□□□/□□□: 148 (of 159)

□□□□□/□: 116 (of 122)

□□□□□□: 1:28:31

□□□□□: 17(of 17)

□□□□□□□: 1:40:23

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 3.25 | 20:07 | 6:11 | 17 | 6:54 | 112 | 8:22 | 3.25 | 20:07 | 6:11 | 17 | 6:54 | 112 | 8:22 |
| □□ 2 | 3.25 | 21:17 | 6:32 | 17 | 7:25 | 113 | 8:55 | 6.50 | 41:24 | 6:22 | 17 | 14:19 | 114 | 17:12 |
| □□ 3 | 3.25 | 21:51 | 6:43 | 17 | 7:46 | 116 | 9:20 | 9.75 | 1:03:15 | 6:29 | 17 | 22:05 | 114 | 26:32 |
| □□ 4 | 3.25 | 23:07 | 7:06 | 17 | 8:16 | 116 | 10:25 | 13.00 | 1:26:22 | 6:38 | 17 | 30:21 | 115 | 36:40 |
| □□ 5 | 3.25 | 23:59 | 7:22 | 17 | 9:10 | 119 | 11:03 | 16.25 | 1:50:21 | 6:47 | 17 | 39:31 | 117 | 47:42 |
| □□ 6 | 3.25 | 26:19 | 8:05 | 17 | 11:28 | 121 | 13:24 | 19.50 | 2:16:40 | 7:00 | 17 | 50:59 | 117 | 1:00:51 |
| □□□ □□ | 3.25 | 26:03 | 8:00 | 17 | 11:21 | 117 | 13:26 | 22.75 | 2:42:43 | 7:09 | 17 | 1:02:20 | 116 | 1:14:12 |